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GARDNERS WARNED
OF UNDERGROUND
UTILITIES** {page 29}



GEEK CHIC EISENBERG TALKS ABOUT HIS SEX LIFE AND MORE

{pages 18}



OTTAWA

metro®

Thursday, June 9, 2011
www.metronews.ca



News worth sharing.

Cover. Girl



► Herieth Paul is being compared to Naomi Campbell

JOE LOFARO/METRO

Ottawa student makes front cover

Ottawa teen Herieth Paul shows off her photo in April's issue of Elle Canada magazine in anticipation of seeing her photo on the next issue's cover. Story, page 3.

City to call off water ban early

- City investigating new ways to ease the hardship on south end residents
- Respecting water ban remains crucial

The outdoor-water-use ban imposed on Ottawa's south end will be lifted sooner than expected — July 15 — city officials say. And they add that date could still be moved up and there may be more good news to come.

Contractors have been working extended hours to repair the failed Woodroffe Avenue water main that prompted the ban, Mayor Jim Watson said.

Pipe material has arrived on schedule or sooner, and workers haven't come across any surprises as they move the soil required to lay all 908 metres of the pipe, officials say.

A new bypass line has also been put in place to add extra capacity to the line already being used to supply the south end, and so far residents have been respecting the ban, keeping water demand in check.

"Things have been going extremely well," said Wayne Newell, director of infrastructure services.

Newell said extra monetary incentives have been built into the repair contract to encourage a quick turnaround. He said the

"Over the course of the next couple of days tests will be done and if we can give residents and business more latitude, that will be done,"

MAYOR JIM WATSON AT A PRESS CONFERENCE HELD YESTERDAY

majority of the pipe has been put in place and now all that remains for construction of the new main are custom made "closure pieces" that connect longer sections of pipe together.

Overall, he said, the repair project will likely cost in the neighbourhood of \$5 million, while mitigation programs like pool top-ups and rain-barrel rebates have been budgeted at about \$2 million.

Coun. Steve Desroches cautioned that the final phase of the repair project — involving pressure testing and water-safety tests won't happen in plain sight.

"Residents will not see a lot of activity at the site. This does not mean work is not taking place."

● SEAN MCKIBBON



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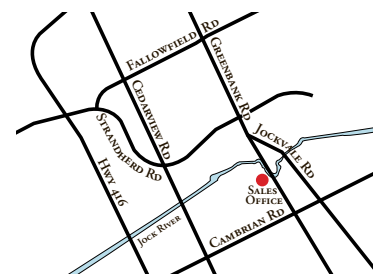
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Parties spar over heating bills

It's been a line on your hydro bill since 2002 — and now it's an election issue.

Ontario Progressive Conservative leader Tim Hudak delivered a campaign speech at the Canadian Club of Ottawa yesterday, condemning the leadership of Premier Dalton McGuinty and

promising to kill the debt retirement charge.

"If there is one thing that underlines everything wrong with the current government, it is the debt retirement charge," Hudak said, referring to the 0.7-cents-per-kilowatt-hour charge on hydro bills that goes to pay debt from the 1999

restructuring of Hydro One.

Hudak said the principal was paid up by 2010, but instead of the charge being removed, it was extended to 2018.

"Can you imagine if a bank did this to you as a credit card customer?" he said. "They'd go to jail."

Energy Minister Brad

Duguid said in a phone interview Hudak has his numbers wrong, and about \$14 billion of that debt remains.

"This debt was built up by the Tories, through their years in office, through their mismanagement, and now he thinks through hocus-focus he can just make it



► Tim Hudak

(go) away," said Duguid.
● JESSICA SMITH

Local teen a magazine cover girl

► Lester B. Pearson student juggles school life with promising modelling career ► Perez Hilton compares teen to Naomi Campbell



JOE LOFARO
@METRONEWS.CA

It wasn't Herieth Paul's lifelong dream to become a model, but the 16-year-old Ottawa student is days away from seeing her face on the front cover of Elle Canada magazine.

"It looks amazing. I couldn't even believe it, I'm still in shock," said Paul yesterday in downtown Ottawa.

The Tanzania-born teen came to Ottawa four years ago and lives with her mother while her father stayed behind for work. Two years later, Angie's Model and Talent International changed her life.

"People were always telling me, 'You are so tall and pretty you should be a model,'" said Paul. "Then when we moved to Canada

"Two days ago I Googled a picture, I wrote 'Herieth Elle Canada cover,' and the picture just showed up, and I showed my mom and I was like, 'Oh my God.'"

HERIETH PAUL

I thought it was a good opportunity and I came to Angie's on a Sunday on an open call."

Since then, the modelling agency has helped her land photo shoots in L.A., Phoenix and Colombia.

The July issue of Elle Canada will hit the shelves within the next week, and Paul cannot wait to see it. Until then, though, she'll have to focus on her math homework.



► Herieth Paul at Angie's Model and Talent International in Ottawa.



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United Way defends tough choices

► About \$12M of United Way donations go straight to charity specified by the donor ► About \$5M is spent on fundraising



JESSICA SMITH
@METRONEWS.CA

After a few charities complained about losing funding, the United Way has issued a public accounting of the money being dispersed this year and an explanation of its new funding process.

With about \$36 million to invest in charities, the United Way has to make tough choices about how best to allocate donor money, officials said yesterday.

"Donors have higher expectations today. They want to see a straight line between their donation and results," said United Way board chair Rick Gibbons.

The United Way now employs a "competitive

process" that requires a charity to submit a proposal detailing why its programs should receive funding and how its work aligns with the United Way's mission.

The process has led to new organizations getting funding and some long-time recipients losing out.

For example, Big Brothers Big Sisters received about \$330,000 from the United Way this year, compared to \$440,000 last year.

United Way president and CEO Michael Allen said the group was not able to demonstrate "measurable results" as well as other organizations did.

"They're not failing," Allen said. "There are just other organizations that are doing it more effectively and for a better return on our donor investment."



► "Donors have higher expectations today," United Way board chairman Rick Gibbons says. After some charities complained about their funding, the United Way yesterday explained how it allocates money.



► Don Kelly

So a throat singer walks into a bar ... wait, you've heard this one?

It's an evening of Metis jigging, traditional First Nations dance, Inuit throat singing and ... comedy?

You heard it right. Then again, as host of the television series Fish Out of Water, on the Aboriginal Peoples Television Network, Don Kelly has a wry

appreciation for the comedic potential in being a young urban aboriginal man trying to connect with his roots.

Kelly will join other comedians and native performers for a benefit concert on June 11 for the Odawa Friendship Centre

and Minwaashin Lodge at the Bronson Centre. A pre-show reception starts at 7:15 p.m., and the comedy starts at 8. Tickets are \$25 at Mother Tongue Books, Odawa Friendship Centre, Snowgoose, Capital Missfits or by calling 613-600-7462. ● METRO

Barrhaven death ruled suicide: Police

Ottawa police have closed their investigation into a 53-year-old man's death on the doorstep of a Barrhaven family's home, saying it was suicide.

Police tape cordoned off 180 Kennevale Dr. yesterday, after officers were called to the scene at 11:50 p.m. on Tuesday. On arrival they found the man on the front step of the home.

Pearl Santos, who was at the scene yesterday, said her brother, Alex Eslava, lives at 180 Kennevale Dr. with his wife and two small children. She said the man knocked on her brother's door just before midnight.

"He didn't open the door, so what he did was call the cops," Santos said.

Santos said her brother's children, aged five and eight, were sleeping at the



JOE LOFARO/METRO

time.

The man's death sparked fear in the neighbourhood before the police autopsy confirmed the suicide. Some feared the man had been murdered.

Neighbour Alia Anani said she didn't see or hear anything out of the ordinary until the police showed up in the middle of the night. Then, yesterday morning, she saw the bloody porch.

"It's pretty graphic," Anani said. "I feel so sorry for the family."

● JOE LOFARO

CRIME

No suspect in Gatineau beating

Gatineau's major crime unit is investigating after a 52-year-old man was found lying on the floor of his apartment at 73 Hotel de Ville St.

Police received a 911 call at 2:15 a.m. yesterday after friends of the victim found him lying

down with a bloodied face. Const. Pierre Lanthier said the victim had many cuts on his face and was unable to speak properly.

"His face was covered in blood. He was in pretty bad shape," he said.

Paramedics arrived at the scene and treated the man before transporting him to hospital. Police said his injuries are not life-threatening. They have yet to identify a suspect.

● JOE LOFARO

What does Randall Denley think of Tim Hudak?

"...look to PC leader Tim Hudak... so far, there isn't much to see." (Ottawa Citizen, November 28, 2010)

"[Hudak has] positioned himself as yet another guy who will do anything to buy your vote with your money." (Ottawa Citizen, November 20, 2010)

"Tim Hudak's tactics... have been juvenile and ineffective." (Ottawa Citizen, December 7, 2009)

"Hudak plays politics like the Ottawa Senators' Chris Neil plays hockey. There's a lot of banging and crashing, but not much to show on the scoreboard." (Ottawa Citizen, December 7, 2009)

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Harper donor list gets hacked

► Twitter account LulzRaft claims journalists were off line suggesting enmity toward the Conservatives

The federal Conservatives are confirming that information about party contributors was downloaded by the hackers who pranked the prime minister this week.

Party spokesman Fred DeLorey issued a statement today saying data containing names, addresses and email addresses of donors was taken.

He said no "useful" credit card information was accessed, but in some cases, the first four and last four digits of credit cards were compromised.

On Tuesday, a hacker or hackers broke into the Tory website security system and posted a false alert that

"The dots connected by the media are imaginary. No discrimination by party ... we just don't like politicians."

LULZRAFT TWEET

Stephen Harper had been rushed to a Toronto hospital after choking on a hash brown.

The notice sent journalists scurrying to confirm the rumour, which proved to be a hoax.

DeLorey insisted Tuesday that the party's database and email systems

were not affected by the hack.

That seemed to be taken as a taunt by the hackers, who go by the Twitter account LulzRaft.

"The Conservatives said no contributor data was accessed.... I wonder where this sample came from then!" LulzRaft tweeted yesterday morning, attaching a list of 5,631 contributors and their email addresses.

DeLorey said that although much of the information is available on the Elections Canada site, the party intends to contact people whose data was taken.

THE CANADIAN PRESS

Tragic. Killing



PAUL CHIASSON/THE CANADIAN PRESS

Bystander shot in Que.

The Montreal police force is under scrutiny after its involvement in several shootings this year. In the latest, officers killed a homeless man and a 36-year-old hospital employee on his way to work.

Canadian killed in Mexican resort town

A Canadian man who spoke of the "beauty and splendour" of living in Mexico was found dead in his Puerto Vallarta home last week after being stabbed 25 times, Mexican media are reporting.

Leonard Francis Schell, a 62-year-old satellite TV installer, died May 30, a local news outlet said. It quoted the state attorney general's office.

The report said Schell's Mexican wife, Elba Ruiz Castro, left the morning of May 30 for an hour and returned to find a trail of blood leading to her home. Inside, she reportedly found Schell's body stabbed in the face, neck and back. Robbery is believed to be a motive. The safe was also open, and about \$13,000 was missing.

THE CANADIAN PRESS

B.C. family searches for pet snake

A Saanich, B.C., family is looking for its missing 1.5-metre boa constrictor.

Sisco slithered out of its cage on the weekend, and may be in the Victoria-

area suburb.

The family's pet ferret is also missing. Saanich Pound inspector Derek Rees doubts the ferret went willingly. There's a good chance the snake is curled up digesting the remains of the ferret.

Residents shouldn't be worried as boas are not venomous. CFAX

Cdn. resident spared death sentence

Iran's supreme court has reportedly quashed the death sentence for a Canadian resident.

Saeed Malekpour, a 35-year-old web programmer, was facing execution on charges of developing and promoting porn websites.

His supporters, including his wife who now lives in Richmond Hill, Ont., said he was arrested in Iran in October 2008 after a trip to visit his ailing father.

Published reports said

the death sentence for him now has been quashed.

His wife, Fatima Eftekhari, told Britain's Guardian newspaper that the court decision is a "sigh of relief" and that she is "very pleased that his life is finally saved."

The Department of Foreign Affairs in Ottawa says it is aware of reports Malekpour's sentence has been commuted.

"Officials are working to confirm or deny this re-

port," Foreign Affairs said in an email.

"Unfortunately, there is limited scope for direct intervention in this case since the person involved is not a Canadian citizen."

Defence lawyers said the conviction was quashed after they provided the court with expert evidence, said the Guardian newspaper. He is to remain in jail while a judicial review into his case is held.

THE CANADIAN PRESS

Cyber strife

- Malekpour was born in Iran but became a Canadian resident in 2004.
- He was convicted of designing and moderating adult materials online.
- His family claimed he web programmer whose photo uploading software was used by a porn website without his knowledge.

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AL-QAIDA'S NO.2

Fear of bin Laden to live on: Deputy

Osama bin Laden's deputy has issued a eulogy for the slain al-Qaida chief, saying he "terrified America" when he was alive and will continue to do so in death.

Ayman al-Zawahri, al-Qaida's longtime No. 2, now considered its operational head, heaped praise on bin Laden, who was killed in the May 2

U.S. raid in Pakistan.

Al-Zawahri also blasted the United States for burying bin Laden at sea and urged the Pakistani people to rise against the country's military rulers and politicians, calling them traitors.

He implied the rulers had a role in bin Laden's death.

Likely al-Qaida's next leader, al-Zawahri is believed to operate from somewhere near the Pakistan-Afghanistan frontier.

Al-Zawahri appeared in a white Arab robe and turban, a Kalashnikov at his side, in a 28-minute video posted on militant websites yesterday.

THE ASSOCIATED PRESS

Remedy hard to swallow?

Thousands of asthma sufferers gathered in southern India yesterday to swallow live sardines smeared with herbs they believe will cure them.

The treatment is offered

free by a family on a day chosen by astrologers.

The Goud family says it received the secret formula from a Hindu saint about 170 years ago.

THE ASSOCIATED PRESS

Two pachyderms pack a deadly punch

THE ASSOCIATED PRESS



► A wild elephant attacks a vehicle in Mysore, in the southern India state of Karnataka, yesterday. It was one of two elephants that went on a deadly rampage, reports said.

► Elephants' rampage kills man, injures others ► Indian city jolted

Two wild elephants have killed a man and injured other people on a rampage in southern India, news reports said.

New Delhi Television aired footage yesterday showing the body of a man at the feet of one of the animals in the city of Mysore in Karnataka state.

An elephant also kicked a cow, reports said.

Press Trust of India reported one elephant was trapped inside a farm and the other was tranquilized.

Hundreds of people die in India annually when wild animals wander into cities as their habitats shrink and they have to range farther for food. The

Species in peril

Shrinking habitats are not the only threats to elephants in Asia.

- Railways are a major danger. Elephants pass from one forest patch to another and dash against the trains and die.
- In Myanmar, demand for elephant ivory for making tourist items is higher than ever before.

SOURCE: WIKIPEDIA

elephants face encroachment from people who live and forage in the forests or graze cattle there.

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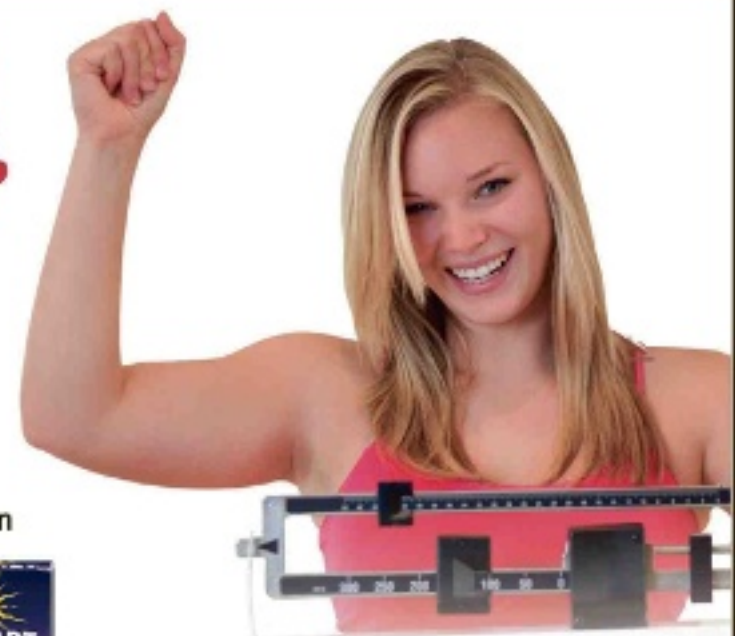


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Who better to ask for advice?

► The Weiners may be turning to the Clintons for counsel

Bill and Hillary Clinton possess an impressive array of titles between them, from former governor of Arkansas and two-term president to current secretary of state. Can the couple now add "marriage counsellors" to the list?

Anthony Weiner and his wife, Huma Abedin, have reportedly turned to the Clintons in the aftermath of the congressman's startling confession that he's been carrying on inappropriate online relationships with several women for years, including after they tied the knot last summer.

Bill Clinton officiated over the couple's nuptials. And Abedin has worked for years for Hillary Clinton,



► Representative Anthony Weiner and his wife, Huma Abedin.

ton, now the U.S. secretary of state who's had her own share of public humiliations thanks to her husband's famous infidelities.

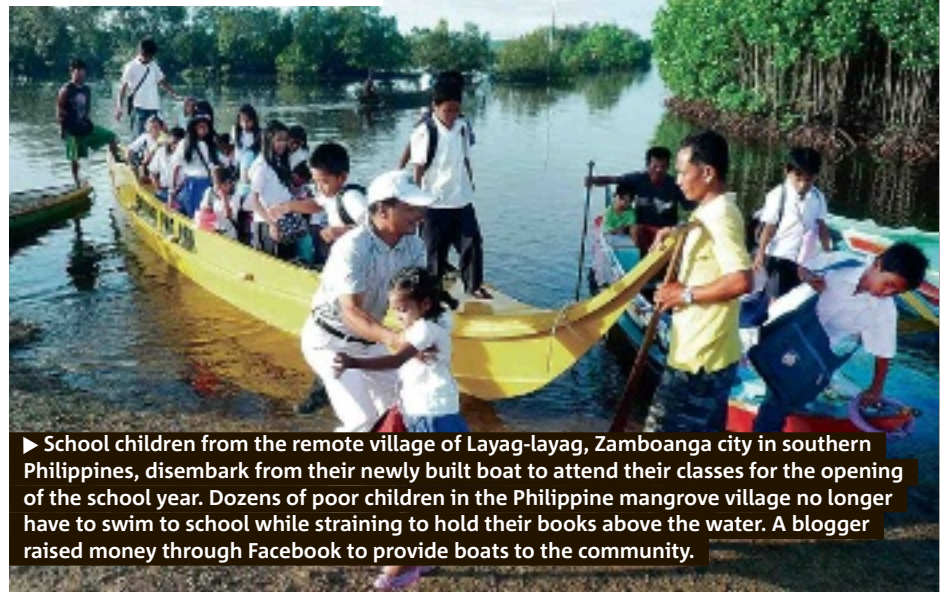
Abedin reportedly called her boss Monday af-

ternoon, shortly after Weiner, 46, confessed privately to his wife that his Twitter and Facebook accounts had not been hacked and that he, indeed, had himself sent lewd photos, and exchanged sexy texts, with several women for years.

The 35-year-old political aide is travelling this week with Hillary Clinton on a weeklong, four-country visit to Africa. It's hard to imagine the so-called Weinergate, and the public humiliation that's come with it, won't be a primary topic of conversation between the two close friends during their downtime.

THE ASSOCIATED PRESS

Philippines. Schoolchildren



► School children from the remote village of Layag-layag, Zamboanga city in southern Philippines, disembark from their newly built boat to attend their classes for the opening of the school year. Dozens of poor children in the Philippine mangrove village no longer have to swim to school while straining to hold their books above the water. A blogger raised money through Facebook to provide boats to the community.

TZU CHI FOUNDATION / THE ASSOCIATED PRESS

Kids can take the boat to school now

Fisherman hooks skull in Austrian lake

A man fishing at an Austrian lake has hooked a macabre catch — a human skull. Police say the man

pulled up the skull yesterday from the waters of Lake Neusiedel, in eastern Burgenland province.

They say the skull is undergoing forensic examination for evidence.

THE ASSOCIATED PRESS

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Yemen opposition seize part of city

► Tribesman battle troops in Sanaa while president is out of the country ► U.S. worries of al-Qaida growth

MARCEL METTELSIEFEN/GETTY IMAGES



► Yemeni President Ali Abdullah Saleh

Armed opposition tribesmen have seized control of part of Yemen's second-largest city, security officials said yesterday, illustrating the breakdown of authority in the country amid a potentially explosive deadlock in the capital.

With the wounded President Ali Abdullah Saleh out of the country for treatment, the United States, Saudi Arabia and the Yemeni opposition are pressing for a formal end to his rule and the formation of a new government. But so far there's been little response from Saleh's ruling party, and his allies appear to be digging in, insisting

the president will return soon.

That has left Sanaa locked in an uneasy cease-fire between government

forces and opposition tribesmen barricaded in their positions after two weeks of heavy battles between them killed dozens. Yesterday, tribesmen collected 10 more bodies of their fallen fighters from the streets of their main stronghold, Sanaa's Hassaba district, where most of the battles took place, a tribal spokesman said.

The United States fears that this power vacuum will give freer rein to al-Qaida's branch in Yemen — one of the terror network's most active franchises, behind two attempted terror attacks on U.S. targets.

THE ASSOCIATED PRESS

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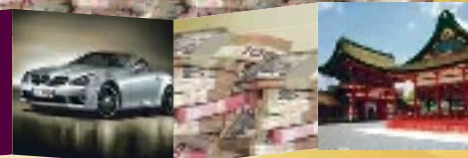
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IVAN SEKRETARE/THE ASSOCIATED PRESS

10 killed as Gadhafi renews rebel attacks

► Dead fighters were manning checkpoints outside the city, official says ► 24 injured in heavy shelling

Libyan leader Moammar Gadhafi, increasingly cornered under a stunning upturn in NATO airstrikes, lashed back with renewed shelling of the western city of Misrata yesterday, killing 10 rebel fighters.

The international alliance said it remained determined to keep pounding Gadhafi forces from the air, but would play no military role in the transition to democratic rule in oil-rich North African country once the erratic leader's 42-year rule was ended.

In Brussels, NATO Secretary-General Anders Fogh Rasmussen said Gadhafi's days in power were clearly numbered, making it imperative for the interna-

"We do not see a lead role for NATO in Libya once this crisis is over. We see the United Nations playing a lead role in the post-Gadhafi, post-conflict scenario."

ANDERS FOGH RASMUSSEN, NATO SECRETARY GENERAL

tional community, the United Nations in particular, to gear up to help Libyans establish a new form of government.

The alliance said it was acting in the skies over Libya purely in accordance with the UN mandate to protect the Libyan people

from Gadhafi. The resolution did not include any involvement in post-conflict peacekeeping.

French Defence Minister Gerard Longuet said, "NATO has a military vocation and rebuilding Libya is a civilian issue. So really simply, in order to rebuild Libya, if the Libyan people ask for it, because it is first of all an issue for the Libyan people, it is the job for civilian international institutions — and not military — to bring a response."

The Libyan rebels, too, have made it clear they have no appetite to see alliance ground forces in the country once the conflict is finished.

THE ASSOCIATED PRESS

► An unidentified woman holds a portrait of Libyan leader Moammar Gadhafi at a rally held next to Gadhafi's Bab al-Aziziya compound in Tripoli, Libya. Among Gadhafi's most ardent loyalists are a core of Libyan women who have risen to high-profile roles in the police, military and government, and who credit him for giving them greater career opportunities than have been given to many other women elsewhere in the Arab world.

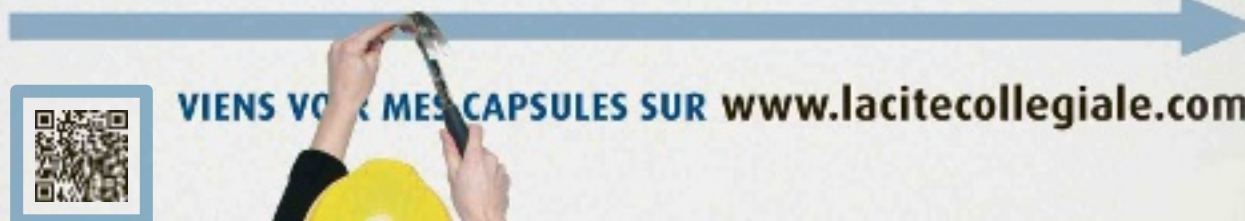
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HOMEMADE CUPS TAKE OVER CITY



JEFF HODSON
@METRONEWS.CA

A large number of homemade Stanley Cups are popping up (prematurely) around the city.

They come in varying degrees of elegance: From cardboard cut-outs to duct-tape-and-tinfoil

constructs to silver-spray-painted nut-and-bolt numbers that are proudly held up in pubs and at street parties. Others have created tiny foil Stanley Cup caps.

One overachiever proudly honked his way past the Metro Vancouver office with a massive six-foot-high cup planted in the bed of his pickup.

YouTube is filthy with examples of how to make your own, using everything from water coolers to mini kegs.

JEFF HODSON IS MANAGING EDITOR OF METRO VANCOUVER



► Asuko and Tommy Watanabe wear DIY cups on their heads.



Ontario man has E. coli

► Canada's 1st case linked to deadly European outbreak

MICHAEL PROBST/THE ASSOCIATED PRESS

Ontario's health ministry said lab tests verified that a man from Peel Region, west of Toronto, has the E. coli 0104 strain.

Ministry spokesman Andrew Morrison said no other cases linked to the European outbreak have been identified in Canada.

The man, who returned to Canada from Germany at the end of May, is out of hospital and recovering.

THE CANADIAN PRESS



► Farmer Mario Walter mulches lettuce in his field in Nieder-Erlenbach, near Frankfurt, yesterday.

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THE PRICE YOU PAY FOR BEING A FAN

HE SAYS ...

JOHN MAZEROLLE
METRO



“You must be feeling better about your team,” a friend said after a recent victory. The Boston Bruins are “my team,” even though I don’t own them, have never played for them and, if they drafted me tomorrow, I would have to learn how to skate. But they are “my team,” even here in Toronto, and I have the emotional scars to prove it.

My reply was typical: “If we win the next game I’ll be less sick to my stomach.”

“Oh man,” she said. “The price you pay for being a true fan.”

Indeed.

Unless you have recently returned from a coma and there was no television in your hospital room, you are probably aware that the Boston Bruins are in the Stanley Cup final, playing the Vancouver Canucks.

And any hard-core Bruins or Canucks supporter will tell you: Fandom is hell.

The games haven’t been fun to watch for weeks — it’s more like three hours of worry, except when my team scores, at which point I feel slightly less worry.

There’s a reason we’re called “diehards.”

I’m a hard-core fan at the worst of times — February, for instance — but when your team makes a championship run strange things happen.

First, your sense of what’s important changes.

After Game 1, I turned to

Facebook to see how my friends were responding — and hardly anyone cared. To me, it was equivalent to logging on after the Pearl Harbor attack and seeing that most people were posting kitten videos. (Of course, in reality, Facebook was abuzz after Pearl Harbor, complete with calls to “Cut and paste this status if you think this day will live in infamy!”)

My body is changing, too. During games, conversations not related to hockey are immediately translated to “blah blah blah,” breathing is something that I must actively teach myself, and urination is not to be attempted unless I can reach the bowl from the living room (hope springs eternal).

I’m also a snob now. I have nothing but respect for Canucks fans, but all you casually viewing, bring-the-cup-to-Canada bandwagon jumpers can bite my finger. If you didn’t feel pain when they lost over the years, you don’t get to feel happy when things are good. You didn’t earn it.

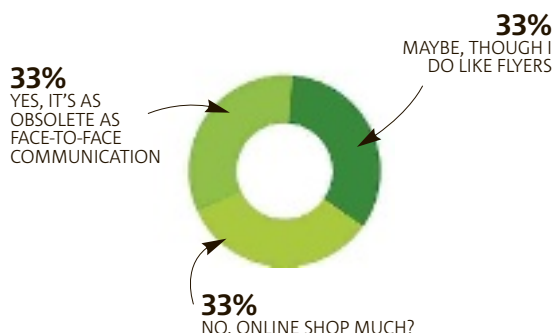
I, on the other hand, was 13 the last time the Bruins made the Stanley Cup final and I cried openly when they lost. Being an adult now, if they lose I will cry in private. That is, if I remember to breathe.

Read more of John Mazerolle’s columns at metronews.ca/hesays



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Is it time to do away with the regular postal service?



Worth mentioning

WASHINGTON. A solar flare erupted from the sun in an impressive display captured by NASA cameras, but scientists say the medium-sized event will have a minimal impact, if any, on Earth.

The flare peaked early Tuesday and created a large cloud that appeared to cover almost half the surface of the sun, NASA said. A cloud of charged particles erupted from the sun’s outer atmosphere and was expected to pass by Earth late yesterday or early today, causing a minor disruption to Earth’s magnetic field, according to the U.S. National Weather Service’s Space Weather Prediction Center.

“This wasn’t really such a big event,” said Michael Hesse, chief of the space weather laboratory at NASA’s Goddard Space Flight Center. “It was spectacular to watch, but not big in terms of hazards to the Earth.”

Scientists have been expecting an increase in solar activity because the sun is moving into a more volatile period of an 11-year cycle in which its magnetic field reverses its orientation.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

More ‘garbage’ being added to Facebook

Now on Facebook: Your garbage.

Five households have signed up for a Newcastle University (in the north-east of England) program announced yesterday that puts photographs of every item placed in a garbage can on Facebook in a bid to raise consciousness about recycling efforts.

It uses a sensor and a camera phone to record the image each time the garbage can lid is shut. The

person who does that is not photographed.

Households that participate will be rated on how efficiently they recycle.

Early results are encouraging, researchers said, as the amount of garbage thrown away and not recycled has diminished in the weeks since the program began.

But the privacy advocacy group Big Brother Watch is raising concerns about the pilot project.

“This sounds like an elaborate joke — except it isn’t,” said director Daniel Hamilton. “Encouraging recycling is fine, but publicly humiliating those who choose not to is outrageous.”

THE ASSOCIATED PRESS

Local tweets



► @SilasShanush: #Ottawa weather was very hot

this morning, then next thing you know big thunder storm!! and HAIL started to fall, i was all wet head to toe.

► @aynsilly: Huge tree limb down on First Ave. #Ottawa <http://lockerz.com/s/108920387>

► @nancygb: Nice new lake just appeared at the end of my street #ottawa #orleans #ontstorms

<http://twitpic.com/58uukm>

► @aynsilly: Tree down on Patterson in the #glebe. It’s a big one. #Ottawa <http://lockerz.com/s/108919119>

► @OttawaFirePIO: Things slowly returning to normal. Many calls for wires and trees down throughout city #ottnews #ottawa

► @pjames: Take notes OC Transpo! MT @chadskelton Google Maps can now track live bus locations in several U.S. cities.: <http://ow.ly/5dwdy>

New standard for Net

► Global test combats shortage of Internet addresses ► Facebook and Google expected that the majority of their users would not be affected

If Google or Facebook seemed to load a little slower than normal for you yesterday, it probably wasn't your imagination.

Yesterday was World IPv6 Day, a global test of a new standard designed to thwart the looming shortage of Internet addresses.

The previous standard, IPv4, made room for 4.3 billion addresses — not

the www-type, but numerical identifiers that enable devices to communicate with one another online.

Billions of addresses seemed like more than enough when the system was implemented in the 1980s. But experts say those addresses could run out sometime this year and have been pushing the world to adopt the

new system.

The new IPv6 standard can handle 340 undecillion addresses, or 340,282,366,920,938,463,374,607,431,768,211,456, to be exact.

Some of the web's biggest superpowers, including Google, Facebook and Yahoo!, were among the sites participating.

THE CANADIAN PRESS

Canada's players

► The Canadian Internet Registration Authority, the British Columbia government and CANARIE, Canada's advanced research and education networks, are among those participating in the test.

Sales. Slump



► Clerks wait for their transportation at a car dealer in Shanghai yesterday. Foreign automakers are seeing mixed sales trends as the world's biggest market for new vehicles cools after years of growth.

EUGENE HOSHIKO/THE ASSOCIATED PRESS

Cash for China's clunkers

China announced yesterday that it will pay up to nearly \$2,800 for old scrap vehicles to boost sales that slumped by about 14 per cent in May.

Rogers to speed up its network

Rogers Communications Inc. will launch its new, faster network in Ottawa this summer, giving consumers a mobile broadband experience similar to home or at work.

Rogers said yesterday that the Long-Term Evolution (LTE) network will also be rolled out in Toronto, Montreal and Vancouver this year and in 25 other markets next year.

Customers will have to buy data sticks for devices such as laptops. Rogers' LTE network will have speeds that are three to four times faster than its existing most advanced network.

The global wireless industry is moving to LTE technology, ideal for data-centric activities like streaming video, watching TV and listening to music.

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Canadian roaming fees high: Report

A new OECD report suggests Canadians are paying some of the highest prices in the world for roaming data usage.

Pricing for 68 operators worldwide was compared, and, in one case, Canadians faced the priciest roaming charges.

When estimating the cost of one megabyte of data in one downloading session, Canadians faced an average price of \$24.11, the highest of all the OECD countries.

The next costliest rates were \$21.61 for Americans and \$19.44 for Mexicans. The cheapest price was

\$4.08 per megabyte for Greek consumers, while the average price was \$13.24.

In another test, comparing the price to consume one megabyte of data over five different days, Canada ranked fifth most expensive. However, in a test of pricing for using five megabytes of data over five days Canada was not among the most expensive.

The report notes there is a strong case to be made for consumers to be protected against unintentional data usage. It also suggests more competition could help reduce pricing.

THE CANADIAN PRESS

E-readers collecting dust in Canada

The relationship some fickle Canadians have had with their e-readers may be waning — a short, passionate affair that came to an end when their eye was caught by something younger, sexier and more flexible.

Bob Levesque, of Mississauga, Ont., remembers longing for an Amazon Kindle when it was forbidden fruit, only available in the United States, and jumping in with both feet when the device started being sold north of the border in 2009.

Now, his Kindle is collecting dust, spurned in favour of a seductive tablet computer that can handle e-books from a wider array of sources.

"I also do a lot of different things with the iPad. So I may not be (only) reading at one sitting. I may be doing three different things."

BOB LEVESQUE, OF MISSISSAUGA, ONT., WHOSE KINDLE IS COLLECTING DUST

"I can get books and magazines from anywhere I want. I'm not limited to Amazon, so I search around now for the best price on books," Levesque says.

It appears Levesque is not alone. A recent report from The NPD Group sug-

► A customer holds his new Apple Inc.'s iPad 2 tablet computer at a shop in Hong Kong, Friday, April 29.



KIN CHEUNG/THE CANADIAN PRESS

gests six per cent of Canadians have purchased a tablet in the brief time they have been available here. That's the same percentage of people who own an e-reader.

Two-thirds of respondents in the survey said their tablet was bought to replace another device.

Half of tablet owners who responded to the sur-

vey said they were using their devices between two and six hours a day, while 38 per cent of e-reader owners reported using them a few hours per week or less.

Yet the e-reader is far from dead. The NPD study also suggests e-reader sales will continue to rise globally, even though they are expected to be eclipsed by tablets.

E-readers continue to be popular thanks in large part to their much lower cost, the study suggests. It's easier to plunk down \$160 to give your son or daughter an e-reader for their birthday than to shell out \$650 for a tablet.

THE CANADIAN PRESS

Market moment

TSX



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(13,183.79)

Dollar



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(102.07¢ US)

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+ \$1.65 US
(100.74 US)

Natural gas
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\$4.783
(- 4.8¢)

Gold contracts

\$1,538.70
(- \$5.20)

PRICES AS OF 5:30 P.M. YESTERDAY

2
scene

Scene in brief



The story about U.S. Rep. Anthony Weiner's use of Twitter to send a lewd photo to a woman has been awkward for comic Jon Stewart, a friend of the congressman's. On Tuesday, it proved painful. Stewart broke a glass and gashed his wrist while taping a Weiner skit.

THE ASSOCIATED PRESS



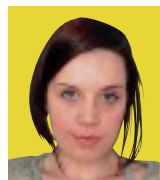
Two officers in unit that provided escorts to actor Charlie Sheen transferred to other positions. Scan code for story.

Calder hits the road for a solo tour

- Member of The New Pornographers touring to promote solo album
- Calder has learned to relish life on the road in a van filled with six people

BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA



Kathryn Calder's typical day on the road varies, depending on who she's touring with. She's a member of Vancouver indie band The New Pornographers, but she also tours as a solo artist. The differences are subtle, but vast. "The New Pornographers have a fair amount of money behind them," she says. "So, touring with them, we're on the tour bus."

When she's promoting her solo efforts it's less glamorous.

"There's certainly more driving," she laughs. "On my last tour, there were six of us in a van. We had to stop at Starbucks just to get Wi-Fi so we could book hotels."

As cool as it may be to ride across the country in

a big tour bus, Calder claims many artists actually prefer a van.

"There's a beginning and end to your day. You feel like you've gone somewhere and you've done something," she said. "When you wake up on a tour bus, you didn't put any effort into getting to the next city."

Calder is touring in support of her first solo album, *Are You My Mother?* which was released last year. The album's recording process was as organic as the tour to promote it. Calder used things like Kleenex boxes and filling cabinets to create sounds.

"I love doing stuff like that," she boasts. "Usually that happens quite late at night, I'm looking for something to put on the song and nothing is open. I couldn't go out and buy something or rent something. So, I'll pick up some slippers and rub them together and see what that does. Sometimes it works and sometimes it really doesn't."



► Catch Kathryn Calder at Zaphod Beeblebrox (27 York St.) tonight with special guests Brian Dunn and The Dirty Mags. Doors open at 8 p.m.

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These are the cool kids

► Jim Parsons and the creators of *The Big Bang Theory* set out to tell a story about “remarkable minds.” Lucky for them, dorks are in style



AMBER RAY
METRO WORLD NEWS
SCENE@METRONWS.CA

When *The Big Bang Theory* debuted in 2007, it wasn't expected to be a massive success.

The show didn't have the pretty people of *Friends* or the snark of *Seinfeld*. Instead, we got two nerdy physicist roommates (Johnny Galecki as Leonard and Jim Parsons as Sheldon), their homely friends and one hot blonde (Kaley Cuoco as Penny).

OK, maybe the hot blonde helped ratings. But audiences worldwide are most attracted by the nerd humour. We talked to Parsons and co-creators Chuck Lorre and Bill Prady



► From left: Simon Helberg, Jim Parsons, Johnny Galecki and Kunal Nayyar in *The Big Bang Theory*

about how they pull it off.

On learning the scientific jargon of the show:

PARSONS: It was a lot of memorization. It was a lot of writing down lines. It was a lot of — a pronouncing dictionary, but it was a pleasure. It was a lot of takes. No, it wasn't. I did

very well. It's a wonderful thing, actually, that many words because it's something good to rely on when you get out there. You got that behind you. You don't have to think as much.

On the Sheldon/Penny relationship:

LORRE: I think she's domesticating him in a way. She's softening the edges. I think the whole process of the series is — the ensemble is his umbilical cord to reality. We kind of found it as we went that a Penny/Sheldon relationship is wonderful,

Sheldon's nerdiest lines



► Parsons

- “Oh, well, this would be one of those circumstances that people unfamiliar with the law of large numbers would call a coincidence.”
- “A neutron walks into a bar and asks how much for a drink. The bartender replies, ‘For you, no charge.’”
- “Oh Gravity, thou art a heartless bitch.”

again, in that they are so very different.

On Johnny Galecki's character torn between the “geek” world and “real” world:

PRADY: Yeah. Well, I mean, he was always designed to be the centre torn between two worlds, between Sheldon, who is saying “Retreat. Retreat. We are fine here with just, you know, Internet games and science,” and Penny, who is saying “There's a world out there. Come take a look at it.” And he's the character in — I guess most in motion.

On the origins of the show:

LORRE: Bill and I started this out with the goal of writing about remarkable minds, people that were spectacular in their vision and their ability to see things that we can't see.

And, you know, that somehow gets categorized as nerds and geeks and whatnot, but that's not where we started from.

The fact that that's kind of happening in the culture right now is kind of — we kind of find ourselves caught up in it, but that's fine, you know.

The comedy is in their inability to deal with everything that we take for granted.



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JESSE EISENBERG

OSCAR-NOMINATED GEEK

► This summer, Jesse Eisenberg, Oscar-nominated for *The Social Network*, stars in the heist comedy *30 Minutes or Less*

► But we talked to him about being a nerd

Metro interview



HEIDI PATALANO
METRO WORLD NEWS
SCENE@METRONOVS.CA

How do you feel, always being tapped for these nervous, fidgety roles?

Well, it's great because if you don't have inner conflict, then it's not an interesting character to play.

It's more interesting to me if the character feels conflicted, which may appear as discomfort or anger or may appear as sadness, so in this respect, I don't mind being tapped for that because that's what makes those characters interesting to me.

You also come off as smart — another nerdy quality.

My father is a professor and my mother is also a teacher and my girlfriend and friends are teachers so I suppose I come from an articulate background and that's what people see. I come from a background where it was important to be articulate and thoughtful.

I heard you play the drums. I used to play the drums but I'm bad at it. I play the piano.

Trying to learn the drums made me realize why so many drummers are cokeheads. You need so much energy.

I don't like playing more than one song. It's tiring. So they do cocaine before they go on stage?

That makes sense. I wonder if you could trace the cocaine to the faster beats of the 80s. When cocaine became popular, did the drums become faster?

And like acid, Grateful Dead of course and then Phish, they take a lot of mushrooms, fans of that

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► "I come from an articulate background."

band Phish.

What's a role you'd want to play that's unlike anything you've done?

I write plays. When I write a play, I write for myself and it's a role I want to play but as an actor being hired by others, I've gotten

to play much more interesting people and much more dimensional characters than I ever expected to play. I never thought I'd be in a movie like *Adventureland*, which is like a more traditional romantic movie. I was raised to not think of myself as a sexual

Twitter nerds

► **Aziz Ansari:** "Has anyone successfully solved the Netflix N8007 error where Silverlight closes unexpectedly? No luck with Google, tech support, etc."

► **Wired editor Chris Anderson:** "Woohoo! Autodesk's awesome new 3-D authoring tool, 123D, is out. And free."

► **Judd Apatow, director of 40-Year-Old Virgin and Knocked Up:** "There is no volume of fart that will wake my beautiful daughter."

► **Tina Fey:** She has a Twitter account but never uses it. That's how nerdy she is.

being so to be in that surprised me. I feel very fortunate to have been in things even though I was not raised to be sexual. Like a eunuch almost. I was supposed to get circumcised but he castrated me. They cut too much off, the whole thing really.



► A tribute to Roger Hargreaves.

She's a Google Doodler

Yes, that is Jennifer Holm's official title. She's responsible for the surprise themed logos that appear on Google, often around special occasions. What a cool nerd.



I just called you a nerd. How does that make you feel?

Firstly, that makes me giggle. Secondly, I'm quite proud of it! If I wasn't a nerd, I certainly wouldn't be as passionate about my job.

What would you say is the dorkiest Google logo — maybe one it took time for people to "get"?

UNIX operating system doodle has definitive "start date" (like a computer's understanding of the beginning of time, which happened to be Jan. 1, 1970) and we decided to create a doodle to mark the 123,456,789th second that has passed since then.

This doodle launched for only a few minutes back in 2009 and is, in my opinion, the dorkiest doodle we've ever launched. Though I didn't quite "get" it at first, I certainly had an "a-ha" moment when I later learned what the doodle was celebrating.

Where do you see digital art

going? Will the new Degas be made using a computer — and be accepted by museums and art critics as something on par with more "traditional" materials?

Both digital and traditional media have their pros and cons. The advantage of traditional media (in the eyes of many galleries and museums at least) is that it is unique in its physical existence — there is one copy, an "original," which adds value to the piece.

The advantage of digital, however, is its speed and interactivity. There is speed in that it is faster to create something and also faster to share and gain a larger audience.

● METRO WORLD NEWS



► Holm at work.

Emma Watson denies bullying made her quit

► Admits that she was trying to seek out normality by attending university



► Emma Watson

ALL PHOTOS GETTY IMAGES

Harry Potter star Emma Watson insists claims that her decision to leave Brown University was due to being harassed by classmates are completely off-base.

"Even if I was being given a hard time, I wasn't going to wuss out of university because someone said 'Wingardium leviosa' to me in a corridor, or '10 points for Gryffindor.' I've been dealing with the media since I was nine," she tells the Sunday Times Style magazine.

"If I can't stand up to a few people giving me a hard time, it's a bit pathetic, really. I've had so much worse."

"If I can't stand up to a few people giving me a hard time, it's a bit pathetic, really. I've had so much worse"

EMMA WATSON

So why the sudden departure from the Ivy League school?

"I was in denial," she says. "I wanted to pretend I wasn't as famous as I was. I was trying to seek out normality, but I kind of have to accept who I am, the position I'm in and what happened." ● METRO

Mraz remains friends with ex

Jason Mraz has split from fiancée Tristan Prettyman — and he insists he only has himself to blame for the break up.

"At the moment, my beautiful fiancée is no longer my beautiful fiancée," he tells the Daily Beast. "Two halves don't make a whole. Two wholes make a whole. In my relationship, I was giving myself away to make the relationship better, but in actuality, wasn't doing better by doing that. I became less of a man."

But the ever-positive singer insists he and Prettyman remain on good terms and that they remain friends.

"We are still super friends, we go to yoga together, we surf together," he says.

"We acknowledge the journey that each of us is on. We certainly want each of us to feel whole and complete. And it's when you're whole and complete that that attraction exists and it really thrives."

● METRO



► Jason Mraz

Justin and Selena turning heads

Now that they've gone public with their relationship, Justin Bieber and Selena Gomez reportedly can't seem to stop public displays of affection — and it's starting to bug some bystanders, according to Hollyscoop.

"They made out for about three minutes and kind of weirded people out," a source says of the couple's behaviour at the

MTV Movie Awards.

"They used a lot of tongue and acted like there was no one else in the room."

Last week, the pair shared many public make-out sessions during their Hawaiian vacation before heading to Stratford, Ont., where Gomez reportedly met Bieber's extended family.

● METRO



► Justin Bieber and Selena Gomez.

Talking points

Leo and Blake visit Disneyland

BEAUTIFUL PEOPLE. After cavorting around France and Italy, Leonardo DiCaprio and Blake Lively have reportedly taken their fledgling romance stateside, sneaking into Disney Land recently, according to Us Weekly.

The stars were reportedly escorted into the park close to closing time and were ushered to the front of the line for the newly refurbished Star Wars-themed Star Tours ride. Onlookers later spotted DiCaprio and Lively strolling through the nearly empty park. ●

METRO

Simon Cowell takes the blame

RESPONSIBILITY Simon Cowell is taking full responsibility for Cheryl Cole's departure from the U.S. X Factor turning into a circus, according to the Sun.

"The feeling was that she was slightly out of her comfort zone in America," he explains.

"The intention was to do it quietly and say to her she had an option to rejoin the U.K. show. ... At the end of the day we were saying, 'Move to another show for even more money.' There was an offer of

Celebrity tweets



"Been pretty training my 3yr old. I feel like

I'm part of some kind of fraternity hazing. I'm just not sure who's the pledge & who's the member"

@joelmchale



@tyrabanks

"Dream so damn big that people laugh in your face. Then prove them all wrong! My hero Richard Branson does just that. I hope to follow...U?"

@andydick

"gave up on getting my old phone back. bought another one. i will be tweeting my ass off once again. missed you. love you!"

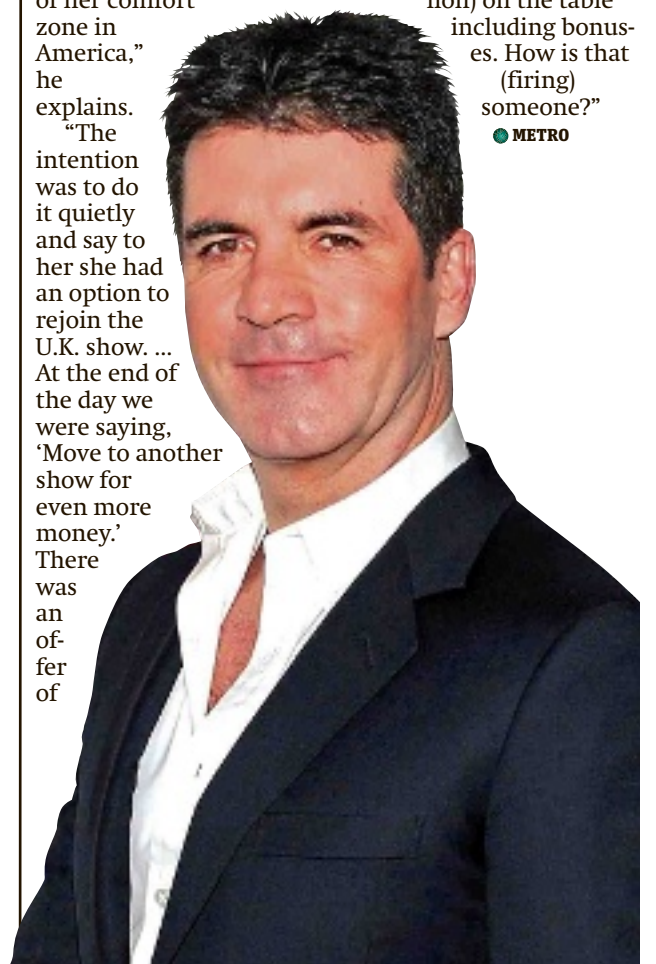


@JimCarrey

"I AM CONSCIOUSNESS AMUSING ITSELF!"

around (\$4.1 million) on the table including bonuses. How is that (firing) someone?"

● METRO



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President



3 life

Going Gaga

Lady Gaga accepted the year's top style icon award at Monday night's Council of Fashion Designers of America awards.

"All of you made me feel like a star before I was," she told the audience at Lincoln Center.

THE ASSOCIATED PRESS



Program supporting new Canadian designers could help them land Fashion Week show

High waisted jeans, ghetto girl earrings

- Jessie J deconstructs her trademark, '90s-influenced style
- She loves bold lipsticks, shoulder pads and Vivienne Westwood



KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS

"It's funny because I never thought of myself as a style icon," Jessie J says over the phone from her bedroom with two giggling friends in the background. We're talking about her trademark, in-your-face look that she likes to call "ghetto chic."

The building blocks

Jessie J lists the wardrobe staples she can't live without.

ACNE BOOTS

\$720, acnestudios.com
"I love these boots because they're dressy but not too



For the record, the words "style icon," are hers, not mine. During the course of our chat, I never mentioned it. But it seems she's heard herself described as such enough times that she feels the need to comment on the label. Born Jessica Ellen Cornish, the British singer songwriter star has a personal style that is as memorable as her commanding, pliable voice. She's definitely

dressy. I like the square heel. I'm not a fan of the thin heel for day, it looks like you're trying too hard."

CURRENT ELLIOTT HIGH RISE JEANS

\$195, netaporter.com
"I've always worn high waisted things. They work well on me because I don't really have hips. I just have a bit of a bum.



ly the most style-y of England's ever-growing crop of talented soul singers (Adele, Amy Winehouse, Duffy, the list goes on.)

"It was never like, I need a gimmick. I need a look. I've always had the hair, lipstick, long nails. I've always looked this way before I was out there," she says as she packs a glittery, shoulder-padded catsuit into her suitcase for an upcoming show in the Bahamas.

"I did hair modeling for three or four years. I had green and blue hair, a Mohawk, but I always kept coming back to this bob. It's like my comfort blanket," she says, before pointing out that she's actually a natural blonde.

And she's always styled herself. Since she's released her critically loved album, *Who You Are*, the 23-year-old has been exposed to more influences. So as opposed to a few years ago, she can now mix in, say, Vivienne Westwood and Chanel into her usual mix of vintage and high street



► "I love teaming high fashion with something like massive, tacky gold earrings," says Jessie J.

clothes.

"I love teaming high fashion with something like massive tacky gold earrings. I grew up watching people like TLC and Whitney Houston in the high-waisted jeans. All of that had an effect on me."

IN HER MAKEUP BAG



ROUGE DIOR LIPSTICK IN MYSTERIOUS

\$34, christiandior.com

"This is one of my favourites. I used to wear Lady Danger by MAC, but I now wear Mysterious the most. I can't do lipgloss."



SEPHORA TRAVEL BRUSH

\$8, sephora.com

"I love Sephora because they have such a huge selection of little tools. I go there and spend so much money on little combs and scissors and things like that."

A Royal Diet for All

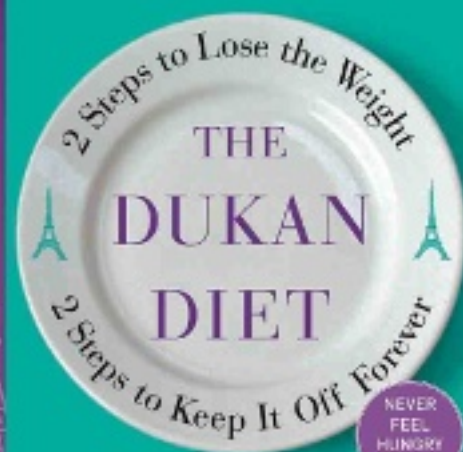
"The Dukan Diet cropped up in diet conversations everywhere recently when Kate Middleton's mother, Carole Middleton, credited it with keeping her slim."

—THE GLOBE AND MAIL

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1



2



3



1 TOPMAN RANGER RUCKSACK

\$60, topman.com

2 RALPH LAUREN MADRAS SHIRT

\$135, oipolloi.com

3 AUBIN & WILLS

\$165, mrporter.com

4 NEW YORK HAT COMPANY

\$30, newyorkhatco.com

5 RAY-BAN CLUBMASTERS

\$175, ray-ban.com

6 SUPERGA 2750 PLIMSOLLS

\$74, asos.com

RICHARD PECKETT

Today's faces

Return of the recluse

The elusive Azzedine Alaïa will return to the couture runways this February.



But someday what?

Teenage girly hormones must be running riot as Justin Bieber launches his Someday fragrance. But 'Someday' what Biebes? Smell good, get laid, have clear skin – tell us!

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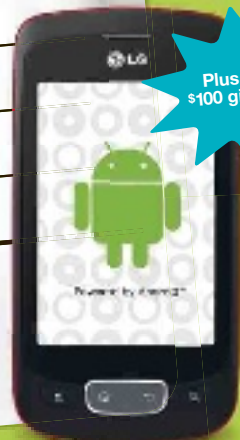
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From tackle box to the hair salon

JESSIE L. BONNER/THE ASSOCIATED PRESS

► Fly shop feathers disappear from shelves amid hair extension craze

Fly shop manager Jim Bernstein was warned that hair stylists would come banging on his door, but he didn't listen.

Sure enough, less than 24 hours later, a woman walked into the Eldredge Bros. Fly Shop in Maine and made a beeline toward a display of hackles — the long, skinny rooster feathers fishermen use to make lures.

"She brought a bunch up to the counter and

asked if I could get them in pink," he said. "That's when I knew."

Fly fishing shops across the U.S., he learned, are at the centre of the latest hair trend: Feather extensions. Supplies at stores from the coasts of Maine to landlocked Idaho are running out and some feathers sold online are fetching hundreds of dollars more than the usual prices.

"I'm looking around the

"She brought a bunch up to the counter and asked if I could get them in pink. That's when I knew"

JIM BERNSTEIN, FLY SHOP MANAGER

shop thinking hmmm, what else can they put in their hair?" Bernstein said.

Fly fishermen are not happy, bemoaning the trend in online message boards and sneering at so-

called "feather ladies." Some also blame American Idol judge and rocker Steven Tyler, who began wearing the feathers in his long hair.

"It takes years and years and years to develop these chickens to grow these feathers. And now, instead of ending up on a fly, it's going into women's hair," said Matt Brower, a guide and assistant manager at Idaho Angler in Boise.

"I think that's the rea-



► A fishy fashionista gets her hair done with tackle.

son a lot of people are a little peeved about it," he said.

The feathers are not easy to come by in the first place.

They come from roosters that are genetically bred and raised for their plumage. In most cases, the birds do not survive the plucking.

At Whiting Farms Inc., in western Colorado, one of the world's largest producers of fly tying feathers, the roosters live about a year while their saddle feathers — the ones on the bird's backside and the most popular for hair extensions — grow as long as possible. Then the animal is euthanized.

As hair extensions, the feathers can be brushed, blow dried, straightened and curled once they are snapped into place. Most salons sell the feather strands for \$5 to \$10 a piece. The trend has become so popular a company online even sells feather extensions for dogs. **THE ASSOCIATED PRESS**

Beauty pick

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drhauschka.com



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This mineral powder seeps effortlessly into the skin to correct blemishes, diminish pores and boost hydration. It's resistant to heat and humidity, so no pool party splash disasters.

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Bright and bold is best

► Bid adieu to paler shades this summer season

Summer is typically the time to be more adventurous with colour, almost never more true than this season when it seems the style mantra is brighter is better.

"We're talking about bright pinks and fuchsias, tangerines, deep purples, turquoise, cobalt blue in particular and bright yellow — all these unexpected pops of colour," said Liv

Judd, Toronto market editor for LouLou magazine.

And don't feel restricted to just one shade — Judd said you can team contrasting colours together, like a cobalt blue top and emerald green skirt. But she suggests a limit of three hues if you're going to put various colours together, such as one each for the top and bottom of your outfit along with a

shoe in a different hue.

For those who are a bit more colour-shy, consider rooting the brighter shades in your favourite neutral, like pairing a colourful belt with grey cropped pants or shorts, suggested Tara Wickwire,

director of public relations for Gap Inc. in Canada.

"You're wearing colour, you look like you're on trend for the season, but you don't have to go head-to-toe over-the-top with it," she said.

THE CANADIAN PRESS



Old Navy woven, tiered dress, \$34.94
oldnavy.com

Decor tricks designed to help sell your home

- Hopes of selling start to dwindle after the first few weeks of having your property on the market
- Knowing how to present your home in a smart and attractive way will create a more sellable house

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

The world's a stage so decorate it well.

For many selling their homes it can be a stressful time. Got a house listed that isn't selling? Other than adjusting the asking price the next best thing is to create a better presentation of your place. Here are my tips on how to prep your stale house and turn it into an irresistible and marketable home.

Yard sale before home sale

It's the easiest way to say goodbye to the excess stuff that has been building up in your place.

Have a yard sale for the small stuff, post expensive items like furniture and collectables on Craigslist and donate excess clothing, shoes and books to a local church or charity.

The Canadian Diabetes Society will arrange pick up

for free in most major cities.

Edit possessions

Remove all photos, vacation momentos, collections and anything that will distract a potential buyer from envisioning the house as their own.

Take away religious items and anything that may be offensive (artful nudes, liquor, gambling, hunting, etc.).

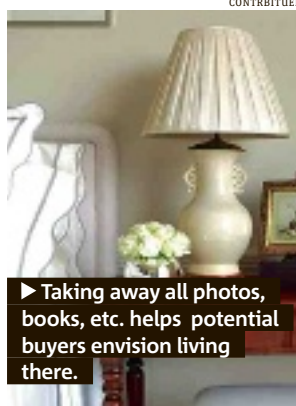
Still got your over scaled wedding portrait hung over the sofa? Get rid of it; run to HomeSense and hang an inexpensive mirror or neutral print.

Brighten and lighten

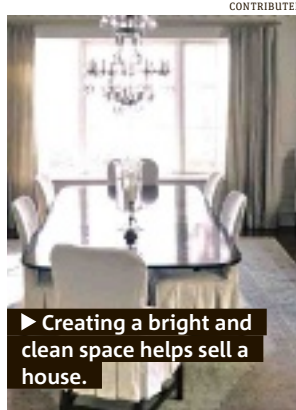
Paint away strong, dark or bold wall colours with lighter, softer colours. Popular colours include cream, pale grey and light taupe. Increase your light wattage to a minimum of 80 watts.

Showing a home during winter months or in the evening will demand brighter lights to make your home look light and airy.

Remove heavy draperies and coloured blinds to show off more wall space and allow windows to feel lighter/brighter.



► Taking away all photos, books, etc. helps potential buyers envision living there.



► Creating a bright and clean space helps sell a house.

I believe the early bird gets the worm and the best time to encourage buyers to look is early in the day. The gardens are the freshest, the house is the coolest and it allows you the rest of the day to actually live in your



► Quiet kitchen: Make sure that young children and pets are visiting a neighbour during home inspections and open houses.

house and not walk around afraid to touch anything.

It's also a great excuse to make a pot of coffee; a great welcoming aroma to morning guests.

Hire a cleaning person. Nothing sells a house better than cleanliness. As a matter of fact, having a cleaning person at your house during a showing might just ensure to a potential buyer that you are selling a well-maintained house. Maybe its time to rent a maid's outfit?

Designer tricks

► Lower all of the picture hanging nails one to two inches. The lower artwork will give the illusion that the ceilings are taller; a feature that all potential buyers seem to like these days.

► Up all the light bulbs to at least 80 watts. Creating bright and cheery rooms is what potential buyers like. Turn lights on even

during the daytime to ensure a bright space.

► Add fresh house plants and flowers. Make it look like your house is alive and filled with clean air. Beautiful shiny house plants are less than \$20 and give the illusion of a healthy environment.

► Flowers also help to fill in the void corners after removing the antique sewing machine table.

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Function key in cottage design

► Interior designer Karen Sealy offers advice on making your summer home work for you and your family

SHAW MEDIA/THE CANADIAN PRESS HANDOUT

Karen Sealy can sympathize with cottage owners faced with the challenge of sprucing up their home away from home.

The interior designer had a sentimental attachment to Lake Simcoe, north of Toronto, recalling time spent growing up sailing on the waters. But her current cosy getaway spot was hardly idyllic when she first saw it.

"It was a falling down little log cabin," Sealy said in a phone interview from her refurbished cottage, remembering a time when the place had carpenter ants and rotting logs.

"It was on the market two years, didn't even have a lockbox on it. 'Wander through at will' was how bad this place was."

But Sealy said the location fit the bill for reasons beyond the sentimental. It wasn't too distant a commute from the city, was a nice lot on a sandy

"I always say anyone can make a pretty room but if it's not functional it's missed its mark... Ask yourself the functional questions first. What are the priorities?"

KAREN SEALY

bay and family-friendly.

To replace the rotting logs, she removed good ones from her kitchen and put up plywood that would be covered anyway by hanging cabinets and backsplash. She made other changes to customize the cabin, from bringing in an integrated washer/dryer to moving walls to better make use of the space.

As host of the new HGTV series *Summer Home*, she's bringing her insights and experience to help other cottage owners revamp their space to better suit their evolving needs.

Regardless of whether it's a cottage, condo or mansion, the rules of design are the same — looking at why changes are being made and what needs fixing, Sealy said.

Once people have planned what they want to do, Sealy said it's just a matter of implementing the changes needed within the confines of their budgets.

That could mean perhaps opting for a smaller kitchen, going for a plastic laminate counter instead of quartz, or even salvage shopping to buy furniture, she noted.

"I think most people will tell you that their cottage is a pretty special place," she said. "Given that, I think it's OK to spend money on some renovations because they

Cosy retreats

Sealy said people tend to be more emotionally connected to their cottage or summer homes.

- **Cottage dwellers** tend to talk about passing their property along to other family members, and they see it as a respite from everyday life.
- **Summer home owners** want the feeling of a cottage but the conveniences of a home, says Sealy.
- **Sealy suggests** looking around the cottage to find new ways to use or display things.
- **The cottage queen** puts that method into practice in the show, transforming jars into hanging lights and stirring nostalgia when unearthing a family member's old drum to place in the kitchen.
- **Be creative:** Sealy suggests looking around the cottage to find new ways to use or display things.
- **Personalize:** Whether it's decluttering, adding new appliances or building a new deck, you can make your home more appropriate to your needs, Sealy notes.

are so special to us."

"When we do get here, we really do love the time up here, so you might as well let them function for you."

THE CANADIAN PRESS



► Cottage expert: Interior designer Karen Sealy hosts HGTV's *Summer Home*, which debuts Sunday at 9 p.m. ET.

Sealy in action

A LITTLE REARRANGING IS ALL IT TAKES

One episode of *Summer Home* focuses on a family cottage with three girls trying to fit into a tiny bedroom.

The family had

purchased a bunk bed kit that didn't fit by just a few centimetres within the small alcove.

Sealy mounted the upper and lower bunks to

studs on the walls.

On the other side of the room, she built a platform bed out of medium-density fibreboard with cubbies underneath for storage.

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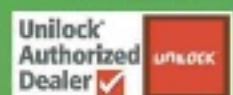
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From the frying pan into the fire

► Making House captures Toronto family's highs and lows during massive home reno ► Airing on Tuesdays

As if renovating and designing your entire house on your own isn't enough.

Toronto interior designer Jennifer Reid and her contractor husband, Chad Kulchyski, did just that last year while also running two businesses, preparing for the arrival of a fourth baby and living in a cramped apartment with their three young children and a dog.

Oh, and they let cameras follow them throughout the journey for the new series, Making House.

So, do they have any advice for families who want to make a similar move?

"One word: don't," Kulchyski said with a laugh in a recent interview in their newly renovated digs.

"Honestly, take your timeline, add a couple of weeks, take your budget, add 10 per cent, because it is going to take you longer than you thought and you are going to be over budget," noted Reid.

"And you might also want to book regular appointments with a psychologist," added Kulchyski. "Just a weekly appointment, just to make sure everything is OK."

Airing Tuesdays on W Network (at 8 p.m. ET), the



► Interior designer Jennifer Reid, her contractor husband Chad Kulchyski, and their children star in the new docu-series Making House, a show which sees them gutting, renovating and designing their house while running their own businesses and living in a cramped apartment with their growing family.

13-part docu series follows the couple as they move their growing family into a small rental space so they can gut, renovate and design their wartime house

in uptown Toronto.

Their goal is to build an addition on the back of the house, make the kitchen and basement bigger, and add an ensuite bathroom

on the second floor as well as a large master bedroom — all in four months before the baby comes.

Reid, a former radio and TV journalist, and Kulchys-

ki had renovated 10 homes of their own before.

They'd also watched their own clients live through the headache of renos.

Expert search

How the show came about

► **TV** The series came about after Reid had won the W Network Experts Search in April of last year. The prize was a TV development deal and Reid said she came up with the concept for the series, thinking their "real lives seemed so crazy that maybe people might like to watch it."

Still, they weren't prepared for the toll this experience would take on them, and at one point early in the season, Kulchyski is caught crying on camera.

"I hit a bit of a wall there," he said. "I was in tears.... I just kind of broke down. At that point in our lives, I'd just had enough and I just let go a little bit."

"We knew that it would be hard," said Reid. "But I don't think you ever know how hard until you're in it and you are living in a two-bedroom apartment and the house is behind schedule and we're both trying to run our own businesses, manage the kids and activities and some sense of normalcy." **THE CANADIAN PRESS**

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Eating outdoors in style

► HGTV host Jamie Durie gives Metro readers some tips on dining alfresco ► Garnish your meal with fresh herbs from the garden and sit down on eco-friendly furniture

DIY IDEAS



MONICA WEYMOUTH
HOMES@METRONEWS.CA
METRO WORLD NEWS PHILADELPHIA

Jamie Durie's new book, *The Outdoor Room*, argues for a more thoughtful approach to outside spaces.

Metro caught up with the horticulturalist and HGTV host for some tips.

Have a plan

Before you start, know what you want. Even the tiniest outdoor space has fine-dining potential — if

that's what you're looking for.

"The best place to start is to ask yourself what you want to do in your outdoor room," says Durie.

"Will you be entertaining or relaxing — or both? Do you need a formal dining setting, or will a casual modular lounge be more appropriate?"

Say no to plastic

Even if you're just looking for a place to eat burgers, flimsy plastic chairs are mood-killers.

Durie recommends wood furniture for its sophisticated look and eco-friendliness: "It works in with any style [and] is soft

to the touch; and the natural grain is hard to top. Timber does need to be oiled a couple of times a year to protect and extend the life of the product."

Put your garden to work

Blooms are always nice, but remember to include some functional greenery near your grill.

"Think about installing a vertical garden wall close by, planted with assorted herbs," Durie says.

"While you cook, you can just reach out and pluck fresh herbs straight out of the garden to toss on the sizzling food or use as ultra-fresh garnishes for serving."



► A little planning can help you create the perfect 'outdoor room' for fine dining on warm summer nights.

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ISTOCK PHOTO



► Before you dig in, make sure you do the research.

Do-it-yourselfers should be cautious

► Look out below: More than weed seed may be lying beneath your lawn and garden ► U.S. fines can be huge

Gardeners and enthusiasts are making the sparks fly, and utilities want them to stop.

Residential customers have been blamed for most of the damage done each year to buried gas and electrical lines in the United States, something that could have been prevented by phoning ahead for the lines' locations, officials say.

"About 70,000 incidents were reported in 2009 where people didn't call ... before they did any digging," said Bob Kipp, president of Common Ground Alliance, an industry-backed damage prevention group. "Somewhere between 40,000 to 50,000 of those were caused by homeowners — people trying to put in a new fence,

patio, maybe some shrubs or a mailbox."

In the U.S., a nationwide 811 line alerts utilities about proposed construction projects. They can respond by sending crews to locate and mark the service lines.

In Canada, the various utilities also urge customers to call before they dig.

Billions of metres of gas, electric, water, sewer and communications lines are routed underground in the United States. At least half of all homeowners planning to dig on their property this year will do so without knowing where those potentially dangerous corridors run, according to a recent CGA survey.

In this case, what you don't know definitely can

hurt you.

Take the case of the Muskegon, Mich., man who ruptured a gas line in April while uprooting a tree stump from his yard.

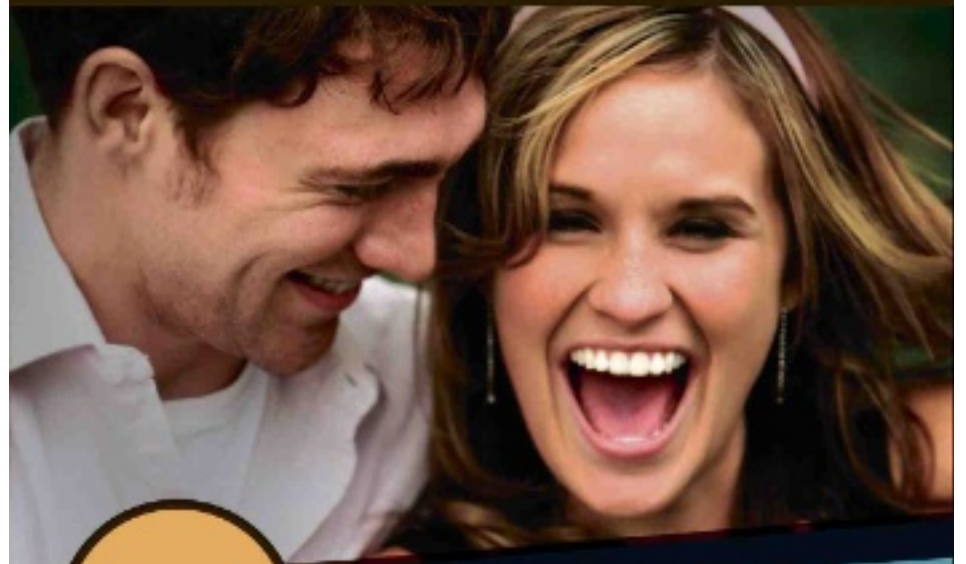
"The homeowner called in the leak while standing nearby using his cellphone," said Maureen McCaffrey, an operations analyst with DTE Energy Co. in Detroit. "That could have sparked a fire or explosion with static electricity. The tab for that incident was just over \$1,600."

Every state has a one-call law, requiring that you check with a utility before doing any digging.

"The rules are similar, although enforcement varies dramatically state to state," Kipp said.

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Must-have gifts for today's modern dad

► Face it, dad doesn't need another tie, pair of slippers or coffee mug this Father's Day ► Here are some hip suggestions that your dad is sure to love

Pipe and slippers? Today's dad is more likely to be trail biking with the kids, downloading sports apps or jamming with his own weekend band.

So this Father's Day, consider giving him something that honours his creative, fun-loving and

adventurous spirit.

Cloud 9 Living is an "experience gift" company. It'll organize a day's adventure that's sure to get the adrenaline pumping. Bungee jumping in Azusa, Calif.; caving in Marengo, Ind.; bike touring in Chicago; and bull riding in Denver or Houston are just a few of the offerings.

There are tamer pursuits too, such as an hour with a golf pro or an archery lesson, but there are sure to be dads who'd relish the thought of a private ninja lesson or a ride on a stock-car track. Music lovers might appreciate a couple of hours with a real DJ learning how to spin vinyl.

There are food, wine and brew tours as well. Cloud 9 offers experiences in or near many major cities.

You can select a day's adventure, or get dad a gift certificate and leave the choosing to him. He has a year to use it — plenty of time to screw up his

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courage, if necessary.

If dad's a "stuff" lover when it comes to gifts, there are several cool-and-unusual items to consider.

Restoration Hardware's Aviator collection was envisioned by chairman and co-CEO Gary Friedman, who was fascinated by designs from the Golden Age of aviation. He wanted to

reinterpret the sleek lines of those built-for-speed designs for a modern market.

The Devon Spitfire chair is a swash-buckling swoop of stainless steel, aluminum and leather.

Evoking a Second World War airplane seat, it would be a neat home-office chair for the family's paternal

Snoopy.

Gelaskins has interesting covers for the art lover's iPad, including artist Philip Straub's lush, fantastic landscape and architecture images, and former Marvel Comics artist Frank Miller's art from Sin City and 300.

Is dad a baseball nut, but already has every cap



► FutureFossil 35mm concrete camera.

or jersey? Uncommon Goods has limited-edition pens crafted of wood from the old stadium seats of 15 famous ballparks, such as Comiskey Park, Wrigley Field and Dodger Stadium. For a numbers guy, consider the very cool Geek Watch, with math formulas marking each hour; he'll have to hide it from his hipster kids.

Film buffs will love the Future Fossil concrete casts of 35mm and 16mm cameras, at HenryRoad.

And for music aficionados, Los Angeles studio Bughouse has designed photoprinted vinyl-album stack shelves as wall art.

They're grouped by genre, so you can buy a panel of vintage rock or great jazz albums or '80s tunes.

If dad's all about his MP3 player, check out iFrogz's customizable headphones and ear buds. Choose colours and finishes for a personal sound accessory he'll really dig.

At MusicSkins, find art for most handheld electronic devices from TV series such as The Wire, and musicians such as John Lennon, Miles Davis, Johnny Cash and The Who. Or you can customize your own skin — maybe with dad's garage band logo.

THE ASSOCIATED PRESS

Gifts for home

This Father's Day, help dad spruce up his personal space with these ideal gifts.

► Devon Spitfire chair (\$995 - \$1,110)
restorationhardware.com

► Wall of Sound collection album wall art (\$98 and up)
bughouse.com

► Future Fossil 35mm camera cast (\$85)
henryroad.com

► Heaphones (\$17.49)
ifrogz.com

► Music-oriented graphic art for electronic devices (Prices vary)
musicskins.com

Lemonade in Bloom



Preparation:

- 1 In saucepan over medium-high heat, combine water and sugar. Bring to boil, then remove. Add tea bags, lavender and basil. Steep for 10 minutes.
- 2 Strain mix through mesh strainer into pitcher, pressing solids to extract as much liquid as possible. Discard solids. Add lemon juice, elderflower liqueur, vodka and gin. Chill. Serve over ice garnished with basil.

THE ASSOCIATED PRESS/
ALISON LADMAN

Ingredients:

- 1 l (4 cups) water
- 500 ml (2 cups) sugar
- 4 bags chamomile tea
- 1 ml (1/4 tsp) dried lavender
- 2 sprigs fresh basil

- 250 ml (1 cup) freshly squeezed lemon juice
- 250 ml (1 cup) elderflower liqueur
- 250 ml (1 cup) vodka
- 125 ml (1/2 cup) gin
- Fresh basil leaves, for garnish

This refreshing floral-infused lemonade combines flowers with lemonade.

Grilled taste of Canada

► Celebrate summer with this maple-basted salmon and asparagus

THE CANADIAN PRESS/HO

Preparation:

- 1 Preheat barbecue to medium heat. Season salmon on all sides with salt and pepper, pressing seasoning into flesh. Brush salmon lightly with olive oil and set aside.
- 2 In a bowl, combine sweet and mild condiment, maple syrup, lemon juice, water and chopped dill. Set aside.
- 3 Grill salmon for 5 to 6 minutes per side or until lightly charred and just cooked through, basting with the sauce. Remove from grill and garnish with fresh dill sprigs. Serve with grilled asparagus and condiment for dipping.

THE CANADIAN PRESS/ TED
READER/ MAILLE



► This recipe makes four servings.

Ingredients:

- 4 boneless, skinless salmon fillets (165 g/6 oz each)
- 15 ml (1 tbsp) cracked

black pepper

- 10 ml (2 tsp) sea salt
- 30 ml (2 tbsp) olive oil
- 60 ml (4 tbsp) sweet and mild condiment, plus extra for dipping

- 30 ml (2 tbsp) maple syrup
- 15 ml (1 tbsp) lemon juice
- 15 ml (1 tbsp) cold water
- 15 ml (1 tbsp) chopped fresh dill
- 4 sprigs fresh dill

Blue mussels go green

► Farmed blue mussels are a sustainable seafood ► These Spicy Marinated Mussels make a great appetizer

NEWS CANADA

Start to finish:
15 min.
Servings:
8



► These elegant spicy marinated mussels take a few simple steps to make.

Increasingly, Canadians are examining what they eat, where it comes from and how the environment is affected by the foods they choose. When it comes to seafood, farmed blue mussels are one of the greenest choices.

Monterey Bay Aquarium's seafood watch program lists farmed mussels as a "super green" seafood product. Seafood Watch bases its selections on a variety of factors, including the fishery, habitat, species, management and other factors that affect each species, as well as their Omega 3 content.

"Each year we see more interest in sustainable blue mussels, grown naturally in their own environment," explains Linda Duncan, executive director of the Mussel Industry Council of North America.

"They're harvested by hand in Atlantic Canada and shipped to your (city)."

Mussels grow in abun-

dance. Each female releases as many as 20 million eggs, which float in the ocean waves, get fertilized and then latch onto mussel farmers' collector ropes, where they continue to grow to maturity as they would naturally.

Spicy Marinated Mussels

Preparation:

- 1 Stir fresh blue mussels in colander while rinsing in tap water. Set aside for a few minutes. Tap any that are open and discard those that don't close in response to the tap.
- 2 Place all ingredients (not the marinade ingredients) in saucepan with a lid and steam for 5 to 7 minutes until fresh blue mussels are steamed open. Remove mussels, discarding any that do not open.

- 4 When cool, shuck mussels and place meats in a serving dish. Combine marinade ingredients in air-tight container and shake to blend. Pour over mussels. Refrigerate until ready to use.

NEWS CANADA

Ingredients:

- 6 lb fresh cultured blue mussels
 - 1 bay leaf
 - 1 cup white wine
 - 1 small onion, chopped
 - 2 clove garlic, chopped
 - 1 small hot pepper, seeded and chopped
 - 1/4 cup shallots, chopped
 - 1 each red and green pepper, chopped
 - 2 tbsp parsley, minced
- Marinade**
- 1/2 cup white wine vinegar
 - 2 tbsp dijon mustard
 - 2 clove garlic, chopped
 - 1/4 tsp salt
 - 1/2 cup olive oil
 - 1 dash black pepper

Pan Seared Beef Bavette

THE CANADIAN PRESS H/O



Ingredients:

- 750 g (1 1/2 lb) beef bottom sirloin steaks
- 3 ml (3/4 tsp) Chinese five spice powder
- Salt and pepper, to taste
- 10 ml (2 tsp) each butter and vegetable oil
- 375 ml (1 1/2 cups) sodium-reduced chicken broth
- 50 ml (1/4 cup) maple syrup
- 15 ml (1 tbsp) Asian chili-garlic sauce
- 5 ml (1 tsp) cornstarch
- 2 green onions, thinly sliced

Bistros serve up fancy foods at affordable prices.

Bring the bistro home with this pan-seared steak featuring bottom sirloin. It tastes like a million bucks but won't break the bank.

Pan searing is a technique that's perfect for last-minute entertaining, requiring little effort and time to prepare and cook.

Preparation:

- Season steaks all over with five spice powder,

salt and pepper. Then in a large stainless-steel or cast-iron skillet, heat butter and oil over medium-high heat.

- Add steaks. Sear and cook until golden brown and medium-rare, 3 to 6 minutes per side.

- Return skillet to medium-high heat. Add broth, maple syrup and chili-garlic sauce; bring

to a boil, scraping up any browned bits from bottom of pan.

- Meanwhile, in a small bowl or cup, mix cornstarch with 10 ml (2 tsp) water; whisk into sauce and cook until thickened, about 2 minutes. Stir in green onions. Serve drizzled over steaks.

THE CANADIAN PRESS/
BEEFINFO.ORG

Forget the side dish!

► Skip the fatty carbs ► This Summer Salad and Pan Seared Beef Bavette make a filling meal on their own

MATTHEW MEAD/ THE ASSOCIATED PRESS



► This salad pops with a spicy jalapeno-yogurt dressing.

For Michael Symon, award-winning restaurateur and Food Network Iron Chef, great salads go far beyond a pile of greens.

"A great salad ... should be something that really highlights the season and the vegetables that are at their peak at that time," says Symon.

Symon offers this summer salad inspired by what grows in his garden.

Preparation:

- Dressing: In bowl, combine garlic, jalapeno, yogurt and vinegar. Whisk in olive oil; stir in mint and parsley. Set aside.
- In bowl, combine arugula, tomatoes, cucumber, scallions, almonds and fano. Drizzle with dressing, toss to coat.

THE ASSOCIATED PRESS

Ingredients:

Dressing

- 1 clove garlic, minced
- 1 jalapeno pepper, minced
- 15 ml (1 tbsp) plain Greek-style yogurt
- 30 ml (2 tbsp) red wine vinegar
- 50 ml (1/4 cup) olive oil
- 30 ml (2 tbsp) chopped fresh mint
- 15 ml (1 tbsp) chopped

Salad

- 500 ml (2 cups) arugula
- 500 g (1 lb) tomatoes, sliced
- 250 ml (1 cup) diced cucumber
- 4 scallions, grilled and cut into 2.5-cm (1-inch) pieces
- 250 ml (1 cup) marcona almonds, roughly chopped
- 500 ml (2 cups) cooked fano

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SPECIAL INFORMATION FEATURE

Upcoming Events



GAY COOK
OTTAWA@METRONEWS.CA

All over the city, there are exciting functions to help you expand your palette and knowledge of food, wine and culture. Here are three events you might not have heard of.

1

C'est Bon Cooking is a local school that also gives gastronomic walking tours. Andree Riffou, owner and chef, loves to share "my passion for food so people can sample the foods of Ottawa." For more information, visit cestbonecooking.ca

2

Beau's All Natural Brewing Company is challenging local drinkers' palates with the release of an oak-aged, big hoppy beer called Screamin' Beaver. Part of the limited-edition Wild Oats series, this specialty brew is limited to 1,000 bottles.

3

DiVino Wine Studio (225 Preston St.) will celebrate Italian Heritage Month with a menu focusing on the wine and food of Tuscany & Piemonte. Introduction to Tasting Wine begins June 16 from 7 p.m. Cost is \$55. divinowinestudio.com



► Madam Cleroux showing her locally grown produce in the Byward Market with tour host Andree Riffou and clients Laurie Moran and Josh Hooper.

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The Curd on the Street

The art of cheesemaking takes hard work, experimentation, TLC, faith and, most importantly, a cheesemaker's magic touch. Maggie Paradis of La Fromagerie Les Folies Bergères is the wizard behind Apprenti Sorcier (translated as "The Sorcerer's Apprentice") — my summer fun cheese pick this week. This soft, surface-ripened pasteurized mixed sheep and cow's

milk cheese is usually sold in small wheels. A thick, bright white bloomy rind, and rich, runny, ivory paste produce wild mushroomy aromas mixed with buttery, finger-licking, salty flavours. Have a loaf of crusty baguette on hand if your piece is ripe — you'll need it to "mop up."

VANESSA SIMMONS

FOR MORE INFORMATION, GO TO SAVVYCOMPANY.CA

Cheese

Apprenti Sorcier
Fromagerie Les Folies Bergères, St. Sixte, Québec

► **Soft-surface** ripened cheeses age from the outside in, and become runnier closer to the rind.

VANESSA SIMMONS/FOR METRO



► Apprenti Sorcier, Fromagerie Les Folies Bergères

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Modern marketing turns Mad Tom into a local hero

► Muskoka Brewery uses focus groups to perfect its newest brew ► Mad Tom IPA a really great beer



JEFF O'REILLY
OTTAWA@METRONEWS.CA

A few months ago, I had the pleasure of sitting in on one of 10 focus groups The Muskoka Brewery had set up under the cleverly named "Cabin Fever" trail sessions. They set out to painstakingly create a series of handcrafted small batch brew trials and use the feedback from a broad cross-section of the consumer market all over Ontario — chefs, sommeliers, beer geeks and patrons of blue-collar drinking establishments alike — to create an exciting finished product.

Mad Tom IPA (India Pale Ale) is an eye-catching rich liquid gold colour, with a nicely carbonated white head. Pungent pine and citrus hop aromas are a prelude to the taste of delicious grapefruit/mango and pine, with medium hop bitterness and underlying sweet and soft caramel maltiness that follow. This beer has really great balance and a nice dry refreshing finish, which is a surprising for a beer with a 6.4% ABV (alcohol by volume).

While the biggest change from this process may be the availability of the beer in six-packs at the Beer Store, the much improved balance, brighter flavour and softer finish are also noticeable. The end result is a really great beer, which justifies the process.



► Amanda Chartier enjoying a pint of Mad Tom IPA.

Bueno, real Mexican on the cheap

True Ottawans know to visit a colourful basement restaurant for authentic Mexican food. The friendly staff at Ahora offer up deli-

cious burritos, spicy enchiladas, tacos and quesadillas with fresh salads for less than \$10. Just a snack? Grab a Michelada (beer) with chips and dip served in a traditional clay oven. Use the free salsa bar to add more heat kick. Ahora, 307 Dalhousie St.

► SAMANTHA EVERTS

SAMANTHA EVERTS/FOR METRO

► Burrito Grande: chicken, cheese, black beans, rice, salsa gringa, guacamole, and sour cream.



SAMANTHA EVERTS/FOR METRO



► "Moby's Blueberry Pancakes" from The Imperial. Sunday Brunch for you and any vegan friends just became that much easier.

Vegan Brunch in Ottawa

Brunch usually means bacon and eggs, but what if you're a vegetarian or vegan? Here is list of Ottawa restaurants that serve Sunday vegan-brunches for under \$20 with coffee:

Café My Place, 1729 Bank St.: Coconut French toast and tempeh "Eggs" benedict (5 options).

The Imperial, 329 Bank St.: Wheat-free blueberry

pancakes with sweet potato homefries, mushrooms, and beans in a tomato cup.

Jak's Kitchen, 479 Bronson Ave.: Black bean cakes with salsa, homefries and fresh fruit or greens.

Manx, 217 Elgin St.: Tofu scramble with sweet onions and peppers, and local salad greens.

OZ Kafe, 361 Elgin St.: No option listed, but the

friendly chefs will whip up something for you.

Wild Oat, 817 Bank St.: Ask to substitute tofu for any of their delicious egg dishes.

Zen Kitchen, 634 Somerset St. W.: From the savoury and sweet, traditional pancakes and "sausages" to apple fritters with fresh fruit and granola. **SAMANTHA EVERTS**

If I only had \$100, I would buy at Vintages

- Veneto, Ontario talent and a Father's Day treat
- LCBO offers new vintages bi-monthly



SUSAN DESJARDINS
OTTAWA@METRONEWS.CA

Amarone, Ripasso and Valpolicella are the stars in the June 11 LCBO Vintages release. All three are generally produced from the same grapes, but the flavours are deeper with Ripasso and even more intense with Amarone due to the use of grapes that are air-dried before fermenting. There are values from home too: quality wines from the LCBO's Local Talent feature are also included.

Cheers & Enjoy!

Tedeschi Corasco 2008, Italy. LCBO#216440 \$15.95

This Ripasso is richly textured and attention-grabbing; a great value.

Dal Maso 'Monte-belvedere' Cabernet 2007, Italy. LCBO#224773 \$16.95

A blend of the Cabs, this is an approachable wine bursting with spice and red berries.

Sue-Ann Staff Estate 'Robert's Block' Riesling 2009, Ontario LCBO#231415 \$20.95

Dry and light, look for an abundance of aromas, fresh acidity, tangy lime and stone fruit.

Rose Hill 'Private Re-

serve' Cabernet/Merlot 2007, Ontario LCBO#233841 \$18.95

An impressive wine from a new producer, savour a core of rich dark fruit, sweet spice and a hint of chocolate.

Barossa Valley Estate 'E-Minor' Shiraz 2009, Australia LCBO#71043 \$17.95

A summer BBQ must-buy: dry, full-bodied, fragrant and robust, this wine lasts and lasts.

Grand Total: \$90.75

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4
sports

Quoted



“It’s still going to be a tough call – and it is on the ice – but it’s going to be a minor penalty, at least what we’re proposing.”

BRUINS GM PETER CHIARELLI. GENERAL MANAGERS DRAFTED AN AMENDMENT TO RULE 48 DURING A MEETING AT THE STANLEY CUP FINAL YESTERDAY THAT WOULD GIVE REFEREES MORE LEEWAY IN ASSESSING A PENALTY FOR HITS TO THE HEAD.



Scan code for more sports news.

Bruins make it best of 3

► Rejuvenated Boston evens up Stanley Cup final at 2-2

The Vancouver Canucks are heading home in search of answers after letting the Boston Bruins back in the Stanley Cup final.

Tim Thomas was unbeatable and Rich Peverley scored twice yesterday as the Bruins steamrolled Vancouver 4-0, making the NHL’s best regular-season team look ordinary for the second straight game and tying the series 2-2.

Boston outscored the Canucks 12-1 in the two games at hostile TD Garden. Alain Vigneault removed starter Roberto Luongo after he surrendered four goals on 20 shots in Game 4 and will now face more questions about whether Luongo or backup Cory Schneider will start Game 5 at Rogers Arena on Friday.

It’s far from the only question hovering over the team.

A once-potent power play has disappeared as Vancouver failed to convert on six more opportunities and now sits at just 1-for-22 in the series. Two of those situations came in the first period when the Canucks were unable to solve Thomas and grab early momentum.

The team’s star players have yet to make much of an impact in the series. Ryan Kesler, who generated Conn Smythe talk heading into the series, has just one assist in four games — which is one more than captain Henrik Sedin.

The Bruins have been getting contributions throughout their lineup with goals from Michael Ryder and Brad Marchand



to go with the pair scored by Peverley.

Thomas has been the best player in black and yellow, allowing just five goals on 146 shots in the series. He made another 38 saves in Game 4.

With Canadian Prime Minister Stephen Harper watching from the stands, the Canucks were undone by a poor second period for the second straight game. Goals 2:18 apart by Ryder and Marchand just past the midway point of the game gave Boston a 3-0 lead and elicited derisive chants of “Luuuuuongo” from the energized TD Garden crowd.

The goaltender could have used more help from his teammates.

Ryder’s goal at 11:11 came on a long wrist shot that was only dangerous because defenceman Sami Salo was reaching and had it deflect off his stick. Marchand roofed a backhand shot at 13:29 after Keith Ballard was unable to control the puck and Henrik Sedin left him open in front.

During the series, Vancouver has been outscored 8-0 in the middle period.

THE CANADIAN PRESS



► Milan Lucic celebrates with his Bruins teammates after scoring last night.

GM close to selecting next Senators coach

Bryan Murray is down to a handful of candidates for the Ottawa Senators’ vacant coaching position.

The general manager has spoken to a number of people since firing Cory Clouston at the end of the season and is ready to con-

duct some follow-up interviews. He’s getting close to making a decision.

“What I’m finding out is there’s a number of very qualified people out there that are interesting to talk to,” Murray said yesterday after the NHL’s GMs meet-

ing. “Even as long as I’ve been in the game, you learn from each and every one of them.

“I just have to have a second interview with two or three of them and then make a decision.”

THE CANADIAN PRESS

NHL DRAFT

Top pick available

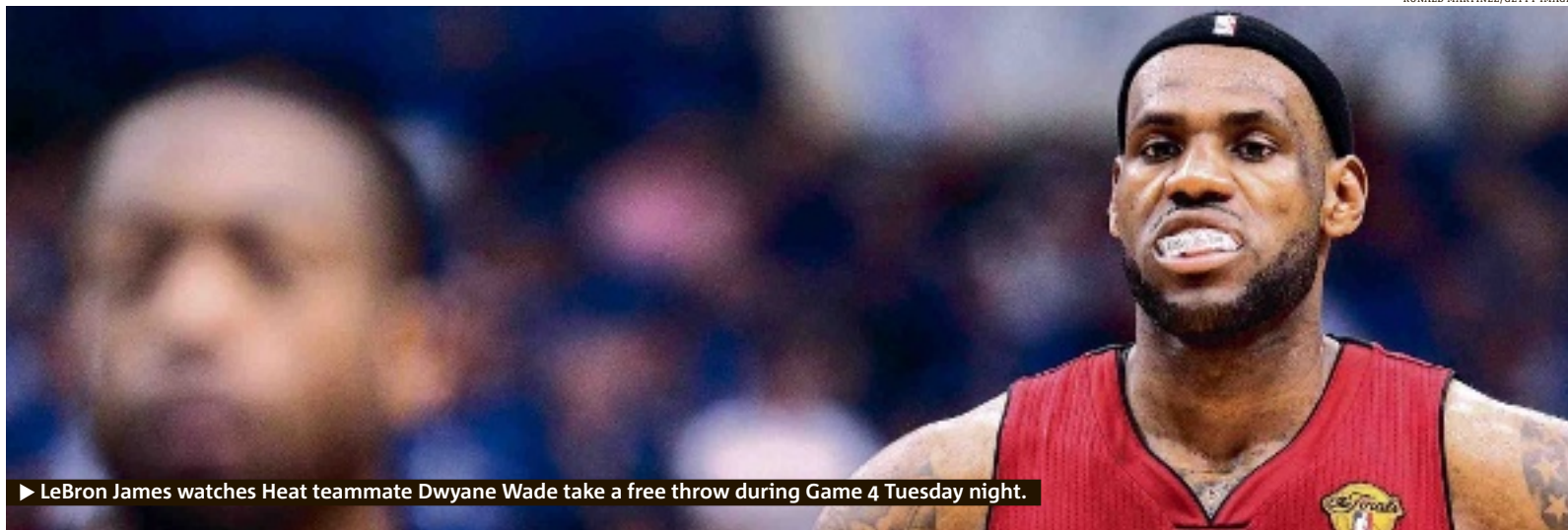
With the NHL draft fast approaching, Steve Tambellini is open to dealing the No. 1 selection.

The Edmonton Oilers general manager has had discussions with some of his

counterparts around the league and remains willing to discuss a trade leading up to the June 24 draft in Minnesota. It’s the second straight year Edmonton has held the top pick.

“For me to move the No. 1 pick, it would have to be obviously something exceptional,” Tambellini said yesterday after the NHL’s GMs meeting.

THE CANADIAN PRESS



► LeBron James watches Heat teammate Dwyane Wade take a free throw during Game 4 Tuesday night.

LeBron slips into final background

► James' eight-point Game 4 more than 20 below career playoff average

The NBA final between Miami and Dallas is a best-of-three series now, and LeBron James is coming off the worst scoring night of his professional playoff career.

No better time than now for a turnaround, the Heat forward said.

"I think it's that time," James said. "I think it's that time that I try to get myself going individually."

Said Heat guard Dwyane Wade: "Sounds good to me."

James' words surely sound good to the rest of the Heat, too. Game 5 of the NBA final is tonight in Dallas, the Heat and Mavericks tied at two games apiece, and all eyes — more than usual, if that's possible — will see how James bounces back from a stunning Game 4 statline.

He was held to eight points on 3-for-11 shooting in Miami's 86-83 loss.

So far in the final, he has nine points in the fourth quarter. To put that in perspective, Dirk Nowitzki had 10 in the final quarter of Game 4 alone.

"I didn't play well, especially offensively. I know that," James said. "I've got to do a better job of helping this team win basketball games, especially late, no matter what it is. If

Statistical stalemate

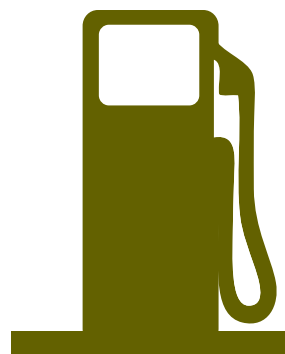
After Game 4, some of the statistical similarities between the two teams are absurd.

- **Points:** Miami is averaging 89, Dallas 87.8.
- **Rebounds:** Dallas is averaging 40, Miami 39.
- **Field-goal %:** Miami 42.8, Dallas 41.4.
- **Three-point %:** Miami 34.5, Dallas 34.2.

that's getting an offensive rebound, like I said, making a couple of baskets, being more aggressive to give my guys opportunities to get open looks. I have to do that — that's what my job is. That's what I'm here for."

Heat coach Erik Spoelstra said Miami will make some adjustments to help James' offensive flow in Game 5. The Mavericks may be providing James with some help as well.

On the eve of Game 5, Dallas guard DeShawn Stevenson directed some sharp words toward James, saying he "checked out" in the final minutes of Game 4 on Tuesday night. **THE ASSOCIATED PRESS**



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NHL

New GM brings high standards to Winnipeg

It was a poorly kept secret but yesterday it became official — Kevin Cheveldayoff is leaving the Chicago Blackhawks to become general manager of Winnipeg's as-yet unnamed NHL team.

"Growing up on the Prairies I played my hockey just a little way down the road in Brandon," the native of Blaine Lake, Sask., said at his first news conference after signing a five-year deal with the team.

"(Winnipeg's GM) was

a natural fit for me. It was almost too good to be true."

Cheveldayoff worked his way up in the Chicago organization to the position of assistant general manager and thanked his former bosses for letting him take the next step.

True North Entertainment and Sports, which bought the former Atlanta Thrashers and is moving the team to Winnipeg, announced on the weekend that it would not be keeping Rick Dudley as GM. But even before that, Cheveldayoff's name was being kicked around in the local media.

Yesterday he talked about what he knows he has to do. For example, one of the first phone calls he plans to make will be to Atlanta Thrash-

ers captain Andrew Ladd.

"Andrew and I have a pretty good relationship based on the year that we spent together in the Blackhawks organization," he said.

"He is a big, big piece of this franchise moving forward and we'd like to discuss things sooner rather than later."

The left-winger played in Chicago before he was traded to Atlanta last year. He led Atlanta in scoring and is set to become a restricted free agent this summer.

Cheveldayoff and assistant GM Craig Heisinger know they have a lot of work to do.

"We're going to set the bar very, very high and we're going to push people very hard," said Cheveldayoff.

THE CANADIAN PRESS

Stampeders go high-tech on head hits

The Calgary Stampeders are delving into the mystery of concussions with a high-tech helmet.

The inner crown of the headgear is ringed by sensors that measure the number of hits to the head a player takes, what part of the head is contacted and the force of the impact.

Stampeders medical director Pat Clayton then takes the helmet to his office and a scanner reads the data and computer software graphs a chart for him.

"The number of hits these guys take in any given game is very high," Clayton said yesterday. "Offensive linemen average out between 86 and 92. That's a lot of hits to the head."

"Do they result in concussions? Not necessarily, but if they do we'll be able to find out why, where, how much speed was involved in that and how much impact was involved."

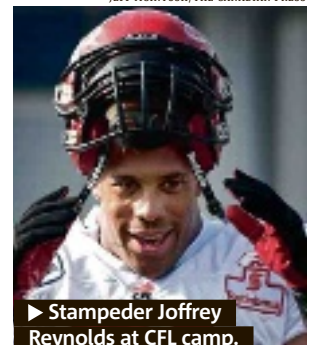
This is the fourth season the Stamps have collected information from the IQ Hit helmet and they were the first team in the CFL to do so. Calgary has eight of them now and they cost about \$1,000 each, compared to \$300 for a standard helmet. Other teams in the CFL are now using the helmets, Clayton said.

Clayton isn't sure how the information may help concussion prevention yet, because he's still gathering data. But it can help pinpoint the type of contact that causes concussions.

"Is there a relationship between where that hit is and a concussion result? That's what we're looking for," he said.

THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS



► Stampeders Joffrey Reynolds at CFL camp.

NHL

PLAYOFFS

All times Eastern

STANLEY CUP FINAL

(Best-of-7 series)

VANCOUVER (W1) VS. BOSTON (E3)

(Vancouver leads series 2-1)

Last night's result

Vancouver at Boston

Tomorrow's game

Boston at Vancouver, 8 p.m.

Monday, June 13

x-Vancouver at Boston, 8 p.m.

Wednesday, June 15

x-Boston at Vancouver, 8 p.m.

x — if necessary.

SCORING LEADERS

	G	A	PT
H.Sedin, Vcr	2	19	21
Krejci, Bos	11	9	20
St. Louis, TB	10	10	20
Kesler, Vcr	7	12	19
Lecavalier, TB	6	13	19
D.Sedin, Vcr	9	9	18
Burrows, Vcr	9	8	17
Horton, Bos	8	9	17
Purcell, TB	6	11	17
P.Bergeron, Bos	4	13	17
J.Thornton, SJ	3	14	17
Boyle, SJ	4	12	16
Clowe, SJ	6	9	15
Datsyuk, Det	4	11	15
Couture, SJ	7	7	14
Marchand, Bos	7	7	14
Ryder, Bos	6	8	14
Downie, TB	2	12	14
Marleau, SJ	7	6	13
Ward, Nash	7	6	13
Stamkos, TB	6	7	13
Gagne, TB	5	7	12
Kelly, Bos	5	7	12
Giroux, Pha	1	11	12
Bergenheim, TB	9	2	11
Moore, TB	3	8	11
Edler, Vcr	2	9	11
Ehrhoff, Vcr	2	9	11
Setoguchi, SJ	7	3	10
Ovechkin, Wash	5	5	10
Pavelski, SJ	5	5	10
Recchi, Bos	5	5	10
Lucic, Bos	4	6	10
Cammalleri, Mtl	3	7	10
Briere, Pha	7	2	9
Legwand, Nash	6	3	9
Bieksa, Vcr	5	4	9
Ference, Bos	3	6	9
Heatley, SJ	3	6	9
Peeverley, Bos	2	7	9
I.White, SJ	1	8	9
Kaberle, Bos	0	9	9
Higgins, Vcr	4	4	8
Lidstrom, Det	4	4	8
Boychuk, Bos	3	5	8
Chara, Bos	3	5	8
Hansen, Vcr	3	5	8
Zetterberg, Det	3	5	8
Filppula, Det	2	6	8
Perry, Ana	2	6	8
Raymond, Vcr	2	6	8
Seidenberg, Bos	1	7	8
van Riemsdyk, Pha	7	0	7
Selanne, Ana	6	1	7
Fisher, Nash	3	4	7
Holmstrom, Det	3	4	7
Brewer, TB	1	6	7
Gagnani, Buf	1	6	7
S.Koivu, Ana	1	6	7
Laich, Wash	1	6	7
M.Richards, Pha	1	6	7
Wellwood, SJ	1	6	7

Not including last night's game

HOCKEY

AHL PLAYOFFS

All times Eastern

CALDER CUP FINAL

(Best-of-7 series)

HOUSTON VS. BINGHAMTON

(Binghamton wins series 4-2)

Tuesday's result

Binghamton 3 Houston 2

FINAL

All times Eastern

(Best-of-7 series)

MIAMI VS. DALLAS

(Series tied at 2-2)

Tuesday's result

Dallas 86 Miami 83

Tonight's game

Miami at Dallas, 9 p.m.

Sunday's game

Dallas at Miami, 8 p.m.

Tuesday, June 14

x - Dallas at Miami, 9 p.m.

x - played only if necessary.

LATE TUESDAY

MAVS 86, HEAT 83

MIAMI (83)

James 3-11 2-4 8, Bosh 9-19 6-8 24, Anthony 2-6 0-0 4, Bibby 0-1 0-0 0, Wade 13-20 6-9 32, Chalmers 1-5 3-3 5, Haslem 2-5 0-0 4, Miller 2-8 0-0 6, Howard 0-0 0-0 0. Totals 32-75 17-24 83.

DALLAS (86)

Marion 7-12 2-2 16, Nowitzki 6-19 9-10 21, Chandler 4-7 5-8 13, Barea 3-9 2-2 8, Kidd 0-3 0-0 0, Terry 6-15 4-6 17, Cardinal 0-1 0-0 0, Stevenson 3-7 2-2 11, Haywood 0-0 0-0 0, Stojakovic 0-0 0-0 0. Totals 29-73 24-30 86.

Miami 21 26 22 14 83

Dallas 21 24 20 21 86

3-Point Goals—Miami 2-14 (Miller 2-5, Bibby 0-1, Wade 0-2, James 0-3, Chalmers 0-3), Dallas 4-19 (Stevenson 3-7, Terry 1-4, Cardinal 0-1, Barea 0-2, Nowitzki 0-2, Kidd 0-3). Fouled Out—None. Rebounds—Miami 51 (James 9), Dallas 49 (Chandler 16). Assists—Miami 19 (James 7), Dallas 13 (Barea 4). Total Fouls—Miami 23, Dallas 18. Technicals—Dallas Coach Carlisle. A—20,430 (19,200).

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Durant, OKC	17	155	140	487	28.6
Nowitzki, DAL	19	174	163	532	28.0
Rose, CHI	16	149	111	434	27.1
Howard, ORL	6	51	60	162	27.0
Anthony, NYK	4	33	29	104	26.0
Wade, MIA	19	169	124	475	25.0
James, MIA	19	157	117	459	24.2
Westbrook, OKC	17	135	121	405	23.8

MAJOR LEAGUE BASEBALL

LATE TUESDAY

BLUE JAYS 8, ROYALS 5

Toronto 41 1 1 0

YEscor ss 2 1 1 0

McCoy ss 3 1 1 1

CPttrsn lf 4 0 0 0

Bautist rf 2 1 1 0

Lind lb 3 2 1 3

Arendi c 4 1 1 2

A.Hill 2b 4 0 1 0

Encmc dh 3 1 1 0

RDavis cf 3 0 0 0

J.Nix 3b 4 1 2 1

Totals 32 8 9 7

Kansas City 41 1 1 0

AGordn lf 4 1 1 0

McCarr cf 5 1 2 1

Hosmer lb 4 2 2 0

Francr rf 5 0 2 3

Butler dh 4 0 1 1

Aviles 3b 4 0 0 0

Getz 2b 4 0 1 0

Treanr c 2 1 0 0

AEscor ss 4 0 2 0

Totals 36 5 11 5

E—Treanor (3), Me.Cabrera (2). DP—Toronto 1. LOB—Toronto 3, Kansas City 8. 2B—McCoy (2), Encarnacion (15), J.Nix (5), Getz (5). HR—Lind (10), Arencibia (10). SB—Y.Escobar (2), A.Escobar (7). CS—R.Davis (8). S—C.Patterson, R.Davis. SF—Lind.

IP H R ER BB SO

Toronto

Drabek W/4-4 5-1 3 9 5 5 3 0

L.Perez H/1 2-2 3 2 0 0 1 4

Rauch S/7-9 1 0 0 0 0 0

Kansas City

Mazzaro L/0-1 5 8 6 6 1 3

LColeman 12-3 0 0 0 0 2

Collins 1 1 2 2 2 1

Bl.Wood 11-3 0 0 0 0 0

Mazzaro pitched to 1 batter in the 6th.

WP—Drabek 4.

T—2:55. A—16,539 (37,903) at Kansas City, Mo.

ACTIVITY

BASEBALL

MLB

AMERICAN LEAGUE

CHICAGO WHITE SOX — Placed RHP Jake Peavy on the 15-day DL, retroactive to June 6. Recalled RHP Lucas Harrell from Charlotte (IL).

CLEVELAND INDIANS — Called up INF Cord Phelps from Columbus (IL). Optioned OF Shelleigh Duncan to Columbus. Transferred RHP Alex White to the 60-day DL.

AMERICAN ASSOCIATION

GARY SOUTHSORE RAILCATS — Signed RHP Travis Minix.

KANSAS CITY T-BONES — Signed C John Bowden.

SHREVEPORT-BOSSIER CAPTAINS — Signed LHP Joel Kirsten.

HOCKEY

NHL

PITTSBURGH PENGUINS — Named Bill Guerin player development coach.

WINNIPEG — Named Kevin Cheveldayoff executive vice president and general manager and Craig Heisinger senior vice president, director of hockey operations and assistant general manager.

SOCCER

MLS

NEW ENGLAND REVOLUTION — Waived M Michael Augustine.

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	33	25	.569	—
Boston	34	26	.567	—
Tampa Bay	32	29	.525	2½
Toronto	31	30	.508	3½
Baltimore	29	31	.483	5

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	34	26	.567	—
Detroit	33	27	.550	1
Chicago	30	33	.476	5½
Kansas City	26	35	.426	8½
Minnesota	23	38	.377	11½

WEST DIVISION

	W	L	Pct	GB
Texas	34	28	.548	—
Seattle	31	30	.508	2½
Los Angeles	30	33	.476	4½
Oakland	27	36	.429	7½

Yesterday's results

Minnesota 3 Cleveland 2 (10 inn.)

Boston at N.Y. Yankees

Baltimore 3 Oakland 2

Detroit at Texas

Seattle at Chicago White Sox

Toronto at Kansas City

Tampa Bay at L.A. Angels

Tuesday's results

Boston 6 N.Y. Yankees 4

Cleveland 1 Minnesota 0

Baltimore 4 Oakland 0

Detroit 8 Texas 1

Chicago White Sox 5 Seattle 1

Toronto 8 Kansas City 5

Tampa Bay 4 L.A. Angels 1

Today's games

Toronto (R.Romero 5-5) at Kansas City (Hochevar 3-6), 4:10 p.m.

Boston (Beckett 4-2) at N.Y. Yankees (Sabathia 7-3), 7:05 p.m.

Seattle (Fister 3-6) at Detroit (Verlander 6-3), 7:05 p.m.

Oakland (Cahill 6-3) at Chicago White Sox (Buehrle 5-4), 8:10 p.m.

Texas (D.Holland 5-1) at Minnesota (Blackburn 5-4), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	37	25	.597	—
Atlanta	33	28	.541	3½
Florida	31	28	.525	4½
New York	29	31	.483	7
Washington	27	35	.435	10

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	37	25	.597	—
Milwaukee	34	27	.557	2½
Cincinnati	32	31	.508	5½
Pittsburgh	29	30	.492	6½
Chicago	24	36	.400	12
Houston	23	38	.377	13½

WEST DIVISION

	W	L	Pct	GB
San Francisco	35	27	.565	—
Arizona	33	28	.541	1½
Colorado	29	32	.475	5½
Los Angeles	29	34	.460	6½
San Diego	28	35	.444	7½

Yesterday's results

Chicago Cubs 4 Cincinnati 1

San Francisco 3 Washington 1

Colorado 5 San Diego 3

Arizona at Pittsburgh

Philadelphia 2 L.A. Dodgers 0

Atlanta at Florida

St. Louis at Houston

N.Y. Mets at Milwaukee

Tuesday's results

Pittsburgh 8 Arizona 5

L.A. Dodgers 6 Philadelphia 2

Atlanta 1 Florida 0

Cincinnati 8 Chicago Cubs 2

St. Louis 7 Houston 4

N.Y. Mets 2 Milwaukee 1

San Diego 2 Colorado 0

Washington 2 San Francisco 1

Tonight's games

Arizona (Collmenter 4-1) at Pittsburgh (Karstens 3-4), 7:05 p.m.

Chicago Cubs (R.Wells 1-1) at Philadelphia (K.Kendrick 3-4), 7:05 p.m.

Atlanta (Jurrjens 7-2) at Florida (Volstad 2-5), 7:10 p.m.

St. Louis (Lynn 0-1) at Houston (Happ 3-7), 8:05 p.m.

N.Y. Mets (Niese 4-5) at Milwaukee (Gallardo 8-2), 8:10 p.m.

L.A. Dodgers (Kershaw 6-3) at Colorado (Chacin 6-4), 8:40 p.m.

Washington (L.Hernandez 3-7) at San Diego (Harang 6-2), 10:05 p.m.

Cincinnati (Cueto 2-2) at San Francisco (Bumgarner 2-7), 10:15 p.m.

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Philadelphia	12	6	3	3	15	10	21
New York	12	4	2	6	17	10	18
D.C. United	12	4	4	4	16	20	16
Columbus	12	3	3	6	12	14	15
Houston	14	3	5	6	17	17	15
New England	13	3	6	4	10	16	13
Toronto	14	2	5	7	13	23	13
Chicago	12	1	4	7	15	19	10
Kansas City	10	1	6	3	12	19	6

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	16	8	2	6	20	12	30
Dallas	14	7	3	4	17	12	25
Seattle	15	5	4	6	16	13	21
Real Salt Lake	10	6	2	2	12	4	20
Colorado	13	4	3	6	14	12	18
Portland	12	5	5	2	15	18	17
Chivas USA	13	4	4	5	16	14	17
San Jose	11	3	4	4	14	13	13
Vancouver	14	1	6	7	14	20	10

Note: Three points for a win, one for a tie.

Last night's result

Real Salt Lake at Columbus

Tonight's game

Chicago at Kansas City, 10 p.m.

Tomorrow's game

New England at New York, 8:30 p.m.

Saturday's games

Real Salt Lake at Philadelphia, 4 p.m.

San Jose at D.C. United, 7:30 p.m.

Chivas USA at Houston, 8:30 p.m.

Colorado at Portland, 10:30 p.m.

Vancouver at Seattle, 10:30 p.m.

Toronto at Los Angeles, 10:30 p.m.

Sunday's games

Chicago at Columbus, 4 p.m.

Kansas City at Dallas, 7 p.m.

2011 CONCACAF GOLD CUP

All Times ET

Group A

	GP	W	L	T	GF	GA	Pt
Costa Rica	1	1	0	0	5	0	3
Mexico	1	1	0	0	5	0	3
Cuba	1	0	1	0	0	5	0
El Salvador	1	0	1	0	0	5	0

Group B

	GP	W	L	T	GF	GA	Pt
Jamaica	1	1	0	0	4	0	3
Honduras	1	0	0	1	0	0	1
Guatemala	1	0	0	1	0	0	1
Grenada	1	0	1	0	0	4	0

Group C

	GP	W	L	T	GF	GA	Pt
United States	1	1	0	0	2	0	3
Panama	1	1	0	0	3	2	3
Guadeloupe	1	0	0	1	2	3	0
Canada	1	0	0	1	0	2	0

Note: Three points for a win, one for tie.

Tuesday's results

At Detroit

Panama 3 Guadeloupe 2

United States 2 Canada 0

Tonight's games

At Charlotte, N.C.

Costa Rica vs. El Salvador, 7 p.m.

Cuba vs. Mexico, 9 p.m.

Tomorrow's games

At Miami

Jamaica vs. Guatemala, 7 p.m.

Grenada vs. Honduras, 9 p.m.

Saturday's games

At Tampa, Fla.

Canada vs. Guadeloupe, 6 p.m.

U.S. vs. Panama, 8 p.m.

the

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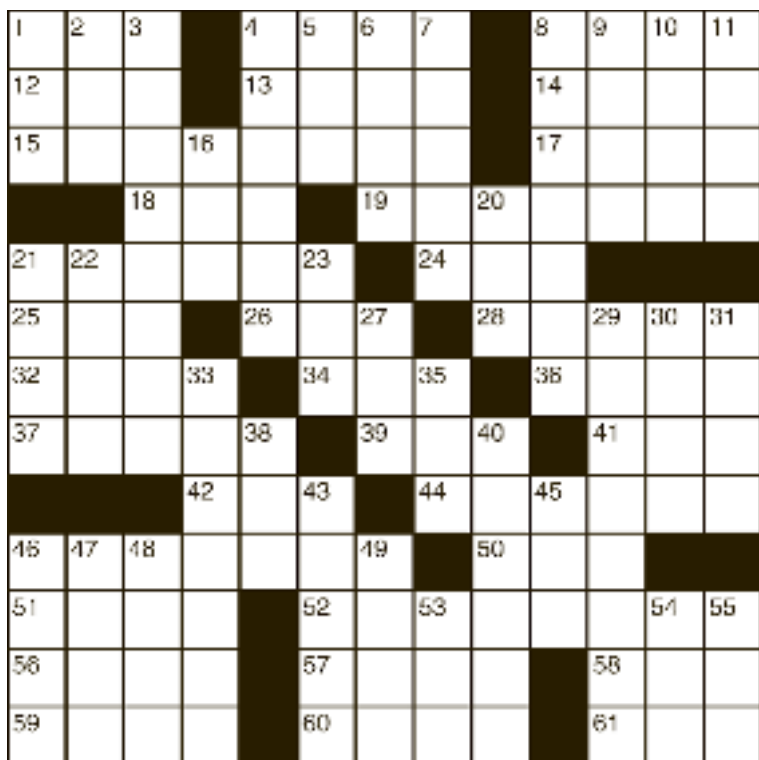
Crossword

Across

1 Vacationing
4 Information
8 Barracks furniture
12 Dockworkers' org.
13 One
14 Hawaiian island
15 Wackos
17 Teensy bit
18 "— was saying, ..."
19 Burger topping
21 Vader, to Skywalker
24 Pismire
25 Spoon-bender Geller
26 Wield a needle
28 Giggly sound
32 Head Stone?
34 Party bowlful
36 Farmer's place
37 Art supporter?
39 Space
41 Aries
42 Shriek bark
44 Stirs
46 Anti-mob chemical
50 Cambridge sch.
51 Needle case
52 Disbelievers
56 Deserve
57 Withered
58 Snip
59 Dross
60 Still-life pitcher, maybe
61 Agent

Down

1 Lubricate
2 Winter ailment
3 Zealots
4 Responsibilities

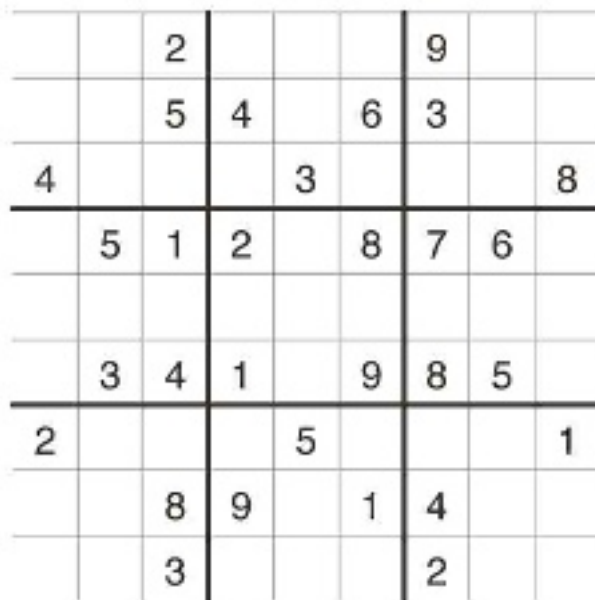


5 Blackbird
6 Watch noise
7 Bewildered
8 Worked together
9 Inauguration recitation
10 Grand
11 Water pit
16 Blond shade
20 Potent stick
21 Do a slow burn
22 Met melody
23 Roulette bet
27 Peruke
29 Dogma dissenters
30 Joie de vivre
31 Shade providers
33 It dangles and jangles
35 Manhandle
38 Trail behind
40 Mollycoddle
43 Old hat
45 DIY buy
46 Fairway props
47 And others (Lat.)
48 Emanation
49 Twist the facts
53 Prior to
54 Recipe measure
55 Pigpen

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

3	4	2	6	8	7	9	1	5
5	1	8	9	3	4	2	7	6
6	9	7	1	5	2	3	4	8
8	8	9	5	2	1	4	3	7
7	3	1	8	4	6	5	9	2
2	5	4	7	9	3	8	6	1
4	8	6	3	1	5	7	2	9
9	7	3	2	6	8	1	5	4
1	2	6	4	7	9	6	8	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

K, You drive me bonkers. Wish we could hang out a lot more. Miss the time we spend together... c

My Little Man, Chris Happy Birthday to the best little man in the world! Hard to believe how fast the 12 years have gone by. I am so very proud of how funny, creative, smart and kind you are ... you are a joy to all who know you! LOVE, MOM

d, still love you with all my heart and soul would like to sort out past mistakes cutie pie }

Jonathan Lépine, I love the way you make me so happy, and the ways you show you care. I love the way you say, "I Love You," and the way you're always there. It's been a year and it still feels like the first time we met. je t'aime mon amour xoxo FANNY ELIMO

Today's horoscope

♈ Aries March 21-April 20 The planets are urging you to strike out in a new direction, and you know it is what you most want to do.

♉ Taurus April 21-May 21 If you can quiet your mind for just a few minutes, you will discover what needs to be done.

♊ Gemini May 22-June 21 You're popular right now. So long as you don't take liberties with loved ones, it will be a great day.

♋ Cancer June 22-July 22 Face up to your emotional problems and sort them out once and for all.

♌ Leo July 23-Aug. 23 Affairs of the heart should not be rushed. Take your time with a relationship today.

♍ Virgo Aug. 24-Sept. 22 Don't let feelings get in the way of the fact that people may mislead you.

♎ Libra Sept. 23-Oct. 23 Don't go over the top and declare your undying passion for someone you may well have forgotten about by this time next week.

♏ Scorpio Oct. 24-Nov. 22 Money and status are important, of course, but love makes the world go 'round. It's all about balance.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21

Don't let anything stop you from going out and having a good time.

♑ Capricorn Dec. 22-Jan. 20

Spend time by yourself. Don't worry that friends might think you aren't being sociable.

♒ Aquarius Jan. 21-Feb. 18

Try not to condemn people just because they don't possess your intelligence and understanding of life.

♓ Pisces Feb. 19-March 20 If someone tries to abuse his authority today, you must not let him get away with it. **● SALLY BROMPTON**

Caption contest



MICHELLE



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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